

Fairfield Medical Center's contribution to addressing the identified needs from the 2013 CHNA

Top Areas of Health Concern

- Obesity (Nutrition, Exercise,
- Mental Health (Depression, Anger)
- Substance Abuse (Including Youth)
- Cancer (Smoking, Tobacco Use)
- Cardiovascular Disease

Top Areas of Health Concern

- Health Care Coverage/Access
- Quality of Life
- Bullying/Teens & Self Esteem
- Oral Health
- Preventative Health & Screenings

FMC's Community Commitment

- Took top five categories from the Community Health Needs Assessment
- Established strategic plan goals to address the five areas

Obesity

- Evaluating opportunities for collaboration with Nationwide Children's Hospital regarding childhood obesity programs
- Providing 4+ weight loss/lifestyle management classes in 2014
 - Scholarships for Complete Health Improvement Program (CHIP)
 - Investigating insurance billing

Obesity

- Continuing working with businesses and restaurants for healthy options for employees and customers
 - FMC Certified Healthy Business
 - FMC Certified Healthy Restaurant
- Developed a comprehensive Bariatric Service Line
- Community Sneaker Day
- Corporate Outdoor Games

Cardiac Risk Factors

- Accredited five Heart Safe Businesses
- Accredited ten Heart Safe Schools
- Provide quarterly cardiac risk factor and awareness education at Olivedale
- Provide quarterly community screenings
- Provide quarterly CPR/HOPE classes for the community
- Community CPR Day
- Heart & Lung Run

Cardiac Risk Factors Continued

- Providing 2 community smoking/tobacco cessation programs in 2014
- Diabetes Self Management Education program monthly
- Dining with Diabetes

Cancer

- Colon Cancer Prevention study
- Lung screenings
- Smoking cessation
- Colon cancer prevention trial
- Cancer Resource Center education/services
- Cancer Rehab
- Cancer Accreditation Survey 11/2014

Mental Health/Substance Abuse

- Collaborate with the Recovery Center and New Horizons
 - Evaluate a potential joint effort to address one or more need
- New Vision
- Opiates Taskforce

Youth

- Sports Injury Prevention/Sports Physicals/Athletic Training Programs
- Heart-safe Schools

Health Fest

- Redefining to address at least 3 top health concerns
- Collaboration with agencies
- Sign-up sheet to provide screenings, educational information, etc.
- Sign-up sheets for other events/projects