What do I do if I use my Narcan, or it is lost or expired?

Contact Project DAWN at 740-687-8000 and we can instruct you on how to get a refill.

Remember: The shelf life of Narcan Nasal Spray is approximately two years. Narcan should be kept at room temperature (59°F to 77°F), but can be stored in 39°F to 104°F for short periods of time.

Narcan Fast Facts

- Narcan is a safe medication that can reverse an overdose that is caused by an opioid drug such as a prescription pain medication or heroin. It works by neutralizing the opioids in your system and helping you breath again.
- Narcan does not reverse overdoses that are caused by non-opioid drugs, such as cocaine, Xanax, Klonopin and Valium, alcohol or methamphetamines.

About Project DAWN

Project DAWN is a community-based overdose education and narcan or naloxone distribution program. Participants receive training on:
- Recognizing the signs and symptoms of an overdose
- Distinguishing between different types of overdose
- Performing rescue breathing
- Calling emergency medical services
- Administering intranasal naloxone

Project DAWN
(Deaths Avoided With Naloxone)

Quick Reference Guide
for Naloxone (Narcan)
Nasal Spray
Step-by-Step Guide to Administering Narcan

1. If you have an emergency, always call 9-1-1.

   **ASK** person if he or she is OK and shout name.

   **SHAKE** shoulders and firmly rub the middle of the chest.

   **CHECK** for signs of an opioid overdose:
   - Breathing is slow and shallow or has stopped
   - Vomiting
   - Face is pale and clammy
   - Blue, grayish or ashen lips, fingernails or skin
   - Heartbeat is slow, erratic or has stopped
   - Choking or loud snoring noises
   - Personal will not respond to sharing or sternum rub

2. Remove the two colored caps from the syringe.

3. Screw the white atomizer cone onto the top of the syringe.

4. Remove the cap off the capsule of naloxone.

5. Gently screw the capsule of naloxone into the barrel of syringe.

6. Insert white cone into nostril; give a short, strong push on the end of the capsule to spray naloxone into nose: ONE HALF (1 ML) OF THE CAPSULE INTO EACH NOSTRIL.

If no reaction in 2-3 minutes, give a second dose. Roll the patient onto their side and stay with him or her until help arrives.