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## NEWS RELEASE

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*(For immediate release)*

### NEW WELLNESS REGISTERED NURSE AT FAIRFIELD MEDICAL CENTER



**LANCASTER, Ohio (September 16, 2008)** – Ginger A. Davis, BSN, RN was recently named as the new Wellness Registered Nurse at Fairfield Medical Center. A native of Washington, Pennsylvania, Ginger graduated in 1985 with a Bachelors of Science in Nursing from Thiel College in Greenville, Pennsylvania. After marrying her husband, David, in 1985, she moved to Minnesota. She started her Nursing career at the Rochester Methodist Hospital for three years as a Registered Nurse in the Pediatrics Department and Surgical Intensive Care Unit.

After Ginger's husband relocated to the Chicago, Illinois area, Ginger worked again as a Registered Nurse in a Medical Intensive Care setting at Victory Memorial Hospital. In 1990, Ginger then relocated to Ohio. As a young couple with a small daughter and another child on the way, Ginger chose to live in Lancaster because of its warm, friendly atmosphere. After a five year hiatus, and the birth of a third child, Ginger returned to the work force, and started at Fairfield Medical Center in April of 1995, as a contingent Registered Nurse in the Intensive Care Unit. Over the past 13 plus years Ginger progressed from contingent to part time to full time status and had a fourth child. Ginger is also skilled as an Open-Heart-Nurse and is a member of the Critical Assessment Team (CAT) at Fairfield Medical Center. Ginger has served on various committees over the years, most recently The Nursing Executive Council and the Nursing Research Council.

The Wellness Nurse is responsible for overseeing Employee and Corporate Wellness Programs. This position is responsible for enrolling, coordinating, and managing patients enrolled in the two programs. The Wellness Nurse encourages a culture of health and wellness through health coaching and support of participants.

When asked about why Ginger chose this new position as the Wellness Nurse at Fairfield Medical Center, she replied, "Being a wife and mother of four keeps me very busy. However, my enthusiasm for fitness and good health has always remained a driving force in my life. I am a member at the local YMCA and an avid class participant. Being a runner in high school and college, I have always been active and encourage activity in my children, be it through organized sports or just active play."

Fairfield Medical Center is very fortunate to have Ginger on our team! For more information about the Wellness Program at Fairfield Medical Center, please call (740) 689-6636.

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