



Fairfield Medical Center

NEWS RELEASE

FOR IMMEDIATE RELEASE
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SUBJECT: DIABETES EDUCATION CLASSES

According to the ADA, there are 20.8 million people in the United States – roughly 7 percent of the population – who have diabetes. Fairfield Medical Center realizes that these statistics are reason enough to have classes that inform people about diabetes. The public is encouraged to participate in these classes to gain an understanding about diabetes and receive tips on how to cope with it. Families are welcome and encouraged to come and learn together.

More specifically, sessions include general information on diabetes, diet and nutrition, medication, exercise, and skin therapy. These classes are free and open to the public, no appointment is necessary.

These classes are offered the first Wednesday of every month. For more information, please call the Fairfield Medical Center Dietary Department at (740) 687-8492.