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## NEWS RELEASE

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*(For immediate*

*release)*

### FMC OFFERS PARENTING CLASS – LOVING SOLUTIONS

**LANCASTER, Ohio (July 24, 2008)** – Fairfield Medical Center is proud to host a new class for people in our community called Loving Solutions. Loving Solutions is a positive parenting class that helps parents to face discipline problems with children in a loving and peaceful way. It focuses on children who may have learning disabilities, stressing positive reinforcement for good behavior and teaches parents how to deal with difficult or unruly children.

Loving Solutions will be held on Tuesdays from September 2nd – October 28th, from 6:00 pm – 9:00 pm in Fairfield Medical Center Assembly Room 5, located on the second floor. Registration is required by calling the Fairfield Medical Center Marketing Department at (740) 687-8007. The class is open to 14 families on a first come, first serve basis, and no fee is required. Dinner is also included each evening.

This class is made possible by a joint sponsorship with Fairfield County Family, Adult and Children First Council, Alcohol Drug Addiction and Mental Health, and Fairfield Medical Center. Resa Tobin, Community Educator at Fairfield Medical Center said “The need for this class in our community is great. With all of the reports of abuse and neglect, if we can help one parent to be a better parent to their child, then we are making a difference. Often times, parents have not been taught how to raise a child or even how to praise a child because they were never taught. It gives parents a sense of pride to be able to positively interact with their children, I am glad to be a part of this initiative. Based on the fact that it is not what we learn from parenting books that are important, but rather, what we are able to apply at home that has an impact. This class contains active assignments and participants are able to participate in-group activities and support each other with idea sharing/perspective.”

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