



401 North Ewing Street  
Lancaster, Ohio 43130  
[www.fmchealth.org](http://www.fmchealth.org)

## NEWS RELEASE

Contact: Donna Stalter  
Fairfield Medical Center  
Public Relations Specialist  
(740) 687-8108  
[donnas@fmchealth.org](mailto:donnas@fmchealth.org)

*(For immediate release)*

### **STEP OUT FOR YOUR HEALTH AT ALLEY PARK**

**LANCASTER, Ohio (AUGUST 22, 2008)** – Join us Saturday, September 20<sup>th</sup>, from 11:00 am - 3:00 pm at Alley Park for a fun walk for the entire family! Alley Park is located at 2805 Old Logan Rd SE Lancaster.

The Step Out For Your Health Program at Fairfield Medical Center will be providing free blood pressure checks, healthy snacks, and healthy information. Don't miss your chance to win fun door prizes and have the opportunity to sign up as a new Step Out For Your Health member. Registration is not required but please call Tammy Baker at (740) 689-6636 for more information.

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