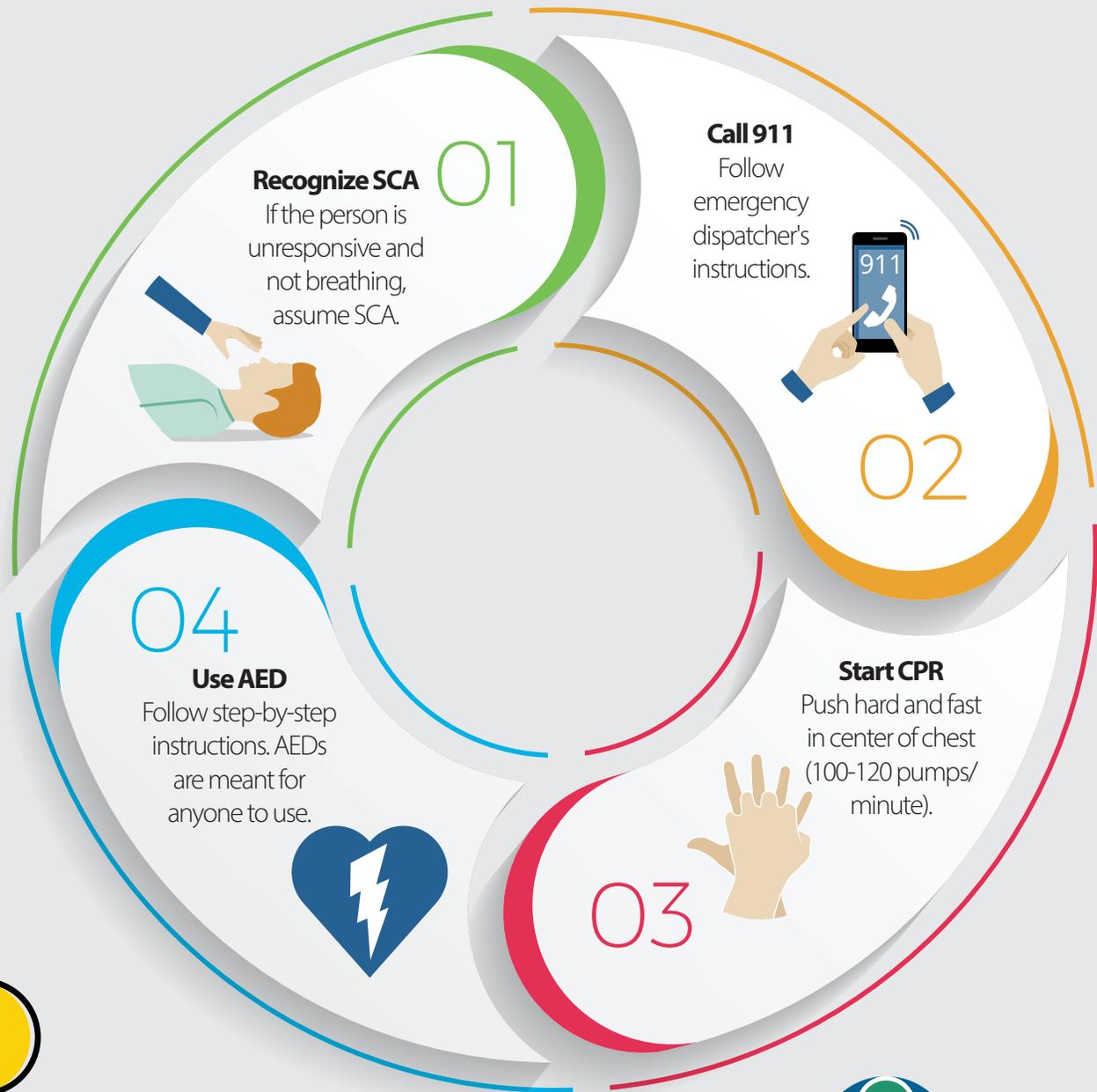


H.O.P.E.

Hands Only Practical Experience

Sudden cardiac arrest (SCA) occurs when the heart unexpectedly stops beating; without bystander intervention, only 1 in 10 victims will survive. According to the Sudden Cardiac Arrest Foundation, immediately beginning CPR and using an AED can double or triple survival rates. **By jumping into action, you can save a life.**



Know where your AEDs are located. DON'T be afraid to press the SHOCK button!

PulsePoint AED

Get the app!

PulsePoint AED was designed to save lives. Download the free app and become a hero by:

- Quickly identifying the location of AEDs in an emergency situation
- Assisting first responders by administering lifesaving care before they arrive at the scene
- Building the PulsePoint database by adding AEDs to the interactive map

The PulsePoint interactive AED map allows community members to increase SCA survival with the touch of a button. When you spot an AED at your favorite restaurant or store, snap a photo and submit the details to the app. Fairfield Medical Center's team will receive, review and approve the notification.

Alleviating Bystander Fears

Don't let fear stop you from saving a life. Currently:

- Only 32% of SCA victims receive bystander CPR
- Less than 12% have an AED applied

By improving these statistics, we can improve survival rates.



FEAR	FACT
I'm not sure it is an emergency.	If the victim is not responding and not breathing, it is an emergency.
I'm afraid CPR will hurt the victim. It's better to wait for professionals.	Bystander intervention while waiting for EMS saves lives – they can't get deader, but they might get better.
I might get a disease doing mouth-to-mouth.	You do not need to perform mouth-to-mouth. Hands-only CPR can be just as effective as conventional CPR.
I'm afraid the AED shock will hurt the victim.	AEDs are safe – they do not shock a victim if it is not necessary.
I might get sued.	Good Samaritan Laws protect bystanders.