

Face Coverings Save Lives

PLEASE DO YOUR PART TO PROTECT OTHERS.



Cloth Face Covering Checklist: How to properly wear your face covering

DOS:

- ✓ Wear your face covering at all times when in public or around individuals outside of your household.
- ✓ Maintain 6-feet social distancing whenever possible, even if you are wearing a face covering.
- ✓ Make cloth face coverings from household items or common materials. Use multiple layers of a fabric that does not damage or lose shape when laundered or machine dried.
- ✓ Coverings should fit snugly to your face while allowing for breathing without restriction. Wear horizontally and secure behind the head with ties or ear loops.
- ✓ Cover your nose, mouth, and chin at all times.
- ✓ Wash your hands before putting on and immediately after removing.
- ✓ Launder cloth coverings after each use.

DON'TS:

- ✗ Do not place cloth face coverings on children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.
- ✗ Do not touch the mask while wearing it. If you do, wash your hands immediately.
- ✗ Do not touch your eyes, nose or mouth when removing the face covering.
- ✗ Do not allow the mask to slip under the nose and do not untie straps/unhook ear loops.
- ✗ Do not wear when wet from laundering or from spit or mucus.
- ✗ Do not assume that the masks of others are "good enough." We must all work together to stop the spread of COVID-19.

