Graduate Medical Education
Family Medicine Booklet

Family Medicine Residency Program
740-687-8999
GradMedEd@fmchealth.org
www.fmchealth.org/careers/gme/

ACGME #1203800707
NRMP #2208120C0
Welcome to Graduate Medical Education at Fairfield Medical Center

Fairfield Medical Center is a vibrant 222-bed healthcare organization focused on providing exceptional experiences to everyone it serves. We are in a great location, approximately 30 miles southeast of Columbus and approximately 30 miles northeast of the scenic Hocking Hills area. Drawing on a multiple county market area, the medical center has a diverse patient demographic that is optimal for residency training. Our Graduate Medical Education Resource Center provides a dedicated area for residents and students to train. The center includes lecture and study facilities, sophisticated audio, visual and video conference technology, osteopathic manipulative therapy, and other hands-on learning directed by FMC physician instructors.

FMC offers primary care residency programs in Family and Internal Medicine. Family Medicine and Internal Medicine are currently ACGME accredited, which means that residents graduating from our programs will be eligible for ACGME fellowships and their specialty board certification exams. FMC maintains a strong training affiliation with Ohio University Heritage College of Osteopathic Medicine and participates in the statewide Clinical Divisions that promote collaboration among multiple OUHCOM affiliated residency programs. Originally accredited by the American Osteopathic Association, our Family Medicine Residency Program began in 2010 and our Internal Medicine Residency Program in 2012. Both programs have achieved continued accreditation, as well as continued Osteopathic Recognition under ACGME and maintain a continued commitment to training osteopathic principles and practice.

We encourage those seeking balanced education opportunities in medicine to explore the opportunities at FMC. Our program provides informative community and clinical experiences for first and second year medical students and excellent hands-on clinical and didactic training for third year and fourth year medical students. Our osteopathic-focused residency training programs offer minimal competition for procedural exposure and a breadth of encountered pathology to provide relevant practical training experience. We have an exceptional teaching staff committed to providing not only the best in patient care, but also outstanding learning opportunities in an environment with a comprehensive curriculum. Our faculty and staff offer a wealth of pertinent and up-to-date information during rotations, lectures, OMM and SIM training sessions and in-clinic settings. As newer programs, our Family Medicine and Internal Medicine Residencies provide unique opportunities for physician trainees who want to help cultivate their clinical education experience. Innovative curricula and resources, such as new state-of-the-art skills labs, support our education programs. With engaged faculty members and low physician-to-resident ratios, trainees will gain a valuable hands-on learning experience and be better prepared for their board certification exams upon completion of their residency at FMC.

FMC is known throughout Central Ohio for offering a wide variety of educational opportunities. We are an excellent place to further your training in medicine.

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Salary
PGY 1 – $60,000
PGY 2 – $63,200
PGY 3 – $67,000

Benefit Plans
Hospital will provide to, or for the benefit of, Resident, and Resident’s eligible dependents, the following benefits during the Term/Extended Term of this Agreement:

Participation in the retirement, welfare benefit, and other plans including health, vision, dental, life, and disability insurance made available to the employees of Hospital on the same terms as such other employees participate as detailed in the Hospital’s Employee Benefit Guide – a copy of which will be provided to Resident at the time of Hospital orientation.

Lab Coat
Program will provide two (2) lab coats to the Resident.

Parking
Parking is provided to Resident free of charge in the parking garage.

Resident Responsibility
Required conference (one in three years)
Procure laptop & phone (must meet FMC IT requirements)
Osteopathic Medicine for All Course (All allopathic residents)

Provided by GME
Training certificate – Once
State of Ohio medical license – Once
NEJM Knowledge+ – Annual
MKSAP/ACP (IM residents) – Annual
COMLEX III – Once
Challenger – Annual
Board Exam – Once
OMT Board Certification – Once
AOA membership (DOs) – Annual
AMA membership (MDs) – Annual
NCH jacket (FM PGY1 only) – Once
OMM Board review (PGY3 FM only) – Once
AAFP membership (FM) – Annual
Epocrates – Annual
Up-to-date – Annual
Critical Care conference (IM Interns) – Once
POCUS Curriculum Fee
AFMRD (FM residents) – Annual

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1. Fairfield Medical Center
   https://www.fmchealth.org/
   Graduate Medical Education
   https://www.fmchealth.org/careers/gme/
   FMC GME Video
   https://youtu.be/LnMPX--A61M
   FMC The Monitor Publication
   https://www.fmchealth.org/articles-events-resources/the-monitor/
   Fairfield Medical Center Awards
   https://www.fmchealth.org/about-us/awards-honors/
   Fairfield Community Health Center:
   Family Medicine Clinic New Building Design:
   https://www.fairfieldchc.org/the-south-school-project/

2-3. Local Attractions
   Visit Fairfield County: https://visitfairfieldcounty.org/
   Lancaster–Fairfield County Chamber of Commerce: https://www.lancoc.org/
   Destination Downtown Lancaster: https://www.destinationdowntownlancaster.com/
   Hocking Hills: http://www.hockinghills.com/
   Buckeye Lake: https://buckeyelakevillage.com/

4-5. Facts About Our Region
   Fairfield Medical Center is the largest employer in Fairfield County
   Breweries in Fairfield County: Double Edge Brewing Company, Outerbelt Brewing
   Ohio University – Lancaster: https://www.ohio.edu/lancaster/
   Approximately 30 minutes away from Columbus International Airport
   Fairfield Medical Center also serves parts of Hocking, Pickaway, Perry & Licking counties
Amanda Clearcreek Schools 740-969-7250 (Amanda)
Berne Union Schools 740-746-8341 (Sugar Grove)
Bloom Carroll Schools 740-756-9700 (Carroll)
Canal Winchester Schools 614-837-4533 (Canal Winchester)
Eastland–Fairfield Career & Technical Schools 614-836-4541 (Groveport & Lancaster)
Fairfield Christian Academy 740-654-2889 (Lancaster)
Fairfield Union Schools 740-536-7384 (Rushville)
Fisher Catholic High School 740-654-1231 (Lancaster)
Lancaster City Schools 740-687-7300 (Lancaster)
Liberty Union Schools 740-862-4171 (Baltimore)
Logan Hocking Local Schools 740-385-8517 (Logan)
New Lexington City Schools 740-342-4133 (New Lexington)
Northern Local Schools 740-743-1303 (Thornville)
Pickerington Schools 614-833-2110 (Pickerington)
Walnut Township 740-467-2802 (Millersport)

Whatever you’re searching for, you can find it here.

The Fairfield Medical Heartburn Center specializes in the diagnosis and treatment of heartburn and other symptoms of gastroesophageal reflux disease (GERD) to help you live more comfortably.

Find relief by scheduling a free nurse consultation today. A physician referral is not required.

To learn more about the Fairfield Medical Heartburn Center, call 740-689-6486.

To learn more about the Fairfield Medical Heartburn Center, call 740-689-6486.

Fairfield Medical 2023 Ad Campaigns: ‘Whatever You’re Searching For’ & ‘Patient Experience’

heartburn solutions

Feeling tired and out of breath is now a thing of the past for historian Jack Campbell following minimally invasive heart surgery at Fairfield Medical Center. Jack, who has aortic valve disease, opted to receive the TAVR (transcatheter aortic valve replacement) procedure to replace the weakened valve in his heart. His recovery included 12 weeks of cardiac rehabilitation at FMC, which helped him lose weight and rebuild the strength he needs to continue leading the active lifestyle he loves.

“I can’t explain how quickly this procedure restored my health,” Jack said. “I didn’t know how bad I felt until I felt better, and the difference is incredible.”

Physician referral is required for enrollment in the Structural Heart Program. To learn more, call 740-689-6486.

TAVR & the Structural Heart Program at FMC

Unlike open-heart surgery, the TAVR procedure requires only one small incision, with patients experiencing a noticeable improvement in symptoms, along with a quicker recovery and less pain. During the procedure, FMC’s specially trained Structural Heart Team uses high-definition imaging to implant an artificial valve within the damaged one, restoring function to the heart.

Scan the QR code to read more about Jack’s story.

Experience Advanced Heart Care

Visit fmchealth.org to learn about our healthcare services.
Primary Care - 740-687-8886
FHP Family Medicine of Amanda  
Amanda Clinic  
P: 740-969-4828/F: 740-969-4818

FHP Family Medicine of Carroll  
Carroll Clinic  
P: 740-756-4589/F: 740-756-4876

FHP Family Medicine of Millersport  
Whetstone Campus  
P: 740-467-2787/F: 740-467-2450

FHP Internal Medicine  
River View Medical Offices, Ste. 280  
P: 740-689-4470/F: 740-808-8157

Internal Med. Residency Clinic  
Medical Office Pavilion, Ste. 304  
P: 740-687-8397/F: 740-654-4103

Primary Care Logan  
Logan Clinic  
P: 740-385-9646/F: 740-385-0630

Primary Care New Lexington  
Rural Health Care  
775 Carroll St.,  
New Lexington, OH 43764  
P: 740-343-4447/F: 740-343-4451

FHP Specialty Practices  
Cardiology  
P: 740-689-4480/F: 740-277-7692  
Amanda Clinic  
Logan Medical Arts, Side A  
Millersport Clinic  
New Lexington Clinic  
River View Medical Offices, Ste. 200

Cardiothoracic Surgery  
The Fairmore Center, Ste. 202  
P: 740-681-9020/F: 740-681-9112

Gastroenterology  
1231 E. Main St.  
Lancaster, OH 43130  
P: 740-687-9182/F: 740-687-0278

(Specialty Cont’d)
Hematology/Oncology  
Medical Office Pavilion, Ste. 304  
P: 740-687-4505/F: 740-687-8629

Infectious Disease  
Medical Office Pavilion, Ste. 302  
P: 740-687-8805/F: 740-687-8803

Neurology  
Medical Office Pavilion, Ste. 201  
P: 740-687-8888/F: 740-687-8675

Obstetrics & Gynecology  
112 N. Ewing St.  
Lancaster, OH 43130  
P: 740-689-6609/F: 740-689-6698

Orthopedics and Physical Medicine & Rehabilitation  
River Valley Campus, 2nd Floor  
P: 740-689-4935/740-689-4889

Psychiatry & Health Psychology  
131 N. Ewing St., Unit C  
Lancaster, OH 43130  
P: 740-689-6600/F: 740-689-6603

Pulmonology  
P: 740-689-6333/F: 740-689-6827  
Amanda Clinic  
Logan Clinic, Unit B  
New Lexington Clinic  
The Fairmore Center, Ste. 303

Radiation Oncology  
Main Campus, South Entrance  
P: 740-687-8550/F: 740-687-8959

Rheumatology  
P: 740-689-6408/F: 740-689-6409  
The Fairmore Center, Ste. 201

Sleep Medicine  
Medical Office Pavilion, Ste. 204  
P: 740-689-4925/F: 740-689-4885

Urology  
The Fairmore Center, Ste. 203  
P: 740-689-4945/F: 740-689-4882

Vascular Surgery  
The Fairmore Center, Ste. 302  
P: 740-687-6910/F: 740-689-9546

Physical Therapy Services  
Outpatient Therapy Services  
(OPTS)  
1143 E. Main St.  
Lancaster, OH 43130  
P: 740-687-8602/F: 740-687-8857

OPTS at River Valley Campus  
River Valley Campus, Floor 1  
P: 740-687-2930/F: 740-687-2970

Urgent & Emergency Care  
FMC Urgent Care  
1155 E. Main St.  
Lancaster, OH 43130  
P: 740-687-2273/F: 740-687-9059

Fairfield Medical Center  
Emergency Department  
Main Campus, North Entrance  
401 N. Ewing St., Lancaster  
**Dial 911 for emergencies**

River Valley Campus  
Emergency Department  
River Valley Campus, ED Entrance  
2384 N. Memorial Drive, Lancaster  
**Dial 911 for emergencies**

Occupational Health  
FMC Occupational Health  
1155 E. Main St.  
Lancaster, OH 43130  
P: 740-689-4404/F: 740-687-0447

Surgical  
FHP General Surgery - River View  
River View Surgery Center, Ste. 250  

Fairfield Medical Center  
Main Campus, South or Surgery Entrance

Diagnostic  
Fairfield Medical Diagnostic  
Services at Main Street  
1159 E. Main St.  
Lancaster, OH 43130  
Imaging  
P: 740-687-8444

Fairfield Medical Diagnostic Services at River Valley Campus  
River Valley Campus, 2nd Floor  
Imaging  
P: 740-654-6312

Fairfield Medical Diagnostic Services at Millersport  
Millersport Clinic  
Lab  
P: 740-467-3533

Fairfield Medical Diagnostic Services at New Lexington  
New Lexington Clinic  
Lab  
P: 740-343-4053

PET/CT Scans  
River View Medical Offices  
(Area between River View & River Valley Campus - drive around building)  
Imaging  
P: 740-654-7269

Pre-Admissions Testing (PAT)  
1155 E. Main St.  
Lancaster, OH 43130  
Imaging  
P: 740-689-6680

Hospital Services  
Fairfield Medical Center  
Main Campus, South Entrance  
P: 740-687-8000

Financial Services  
Main Campus, South Entrance  
401 N. Ewing St., 1st Floor  
Lancaster, OH 43130  
P: 740-687-8025

Clinics/Services In-House  
(See back)

Fairfield Medical Center
FAMILY MEDICINE RESIDENTS 2023–2024

Kevin Chase, DO
Co-Chief, Year Three Resident
drkchase@fmchealth.org
330-431-9119

Andrew Gregory, DO
Co-Chief, Year Three Resident
dragregory@fmchealth.org
614-917-8693

Karl Kuberg, DO
Year Three Resident
drkkuberg@fmchealth.org
256-653-2294

Shawn Long, DO
Year Three Resident
drslong@fmchealth.org
614-806-9805

Ethan Ekstrand, DO
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216-571-3309

Tori Horne, DO
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614-600-6282

Henry McConaha, DO
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740-844-3003

Optimum Robinson, DO
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901-412-3482

Jamil Alkhalaf, MD
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drmalkhalaf@fmchealth.org
608-906-2378

Teju Bolineni, DO
Year One Resident
drtbolineni@fmchealth.org
440-503-7714

Rachel Conaway, DO
Year One Resident
drrconaway@fmchealth.org
740-466-9808

Theresa Dyar, DO
Family Medicine Residency
Program Director

Cynthia McGowan, DO
Family Medicine Residency
Assistant Program Director &
Director of Osteopathic
Education
### FM Didactics Schedule 2023-2024

**Week 1-2**
- **1 Noon Lecture**
  - AFMRD
  - OMM Rounds
  - OMMM: Journal
  - Updates/ Break
  - POCUS PGY1/ Board Review
  - AFMRD/Portfolio

**Week 2-3**
- **2 Noon Lecture**
  - OMM Lecture & Table Time
  - OMM Lecture & Table Time
  - Research/ Scholarly Activity
  - Updates/ Break
  - Research/ Scholarly Activity
  - Alternative Learning

**Week 3-4**
- **3 Noon Lecture**
  - SIM/Balint
  - SIM/Balint
  - Case Presentation
  - Updates/ Break
  - POCUS PGY1/ Case Presentation
  - Case Presentation/ AFM RD

**Week 4-5**
- **4 Pharmacy Lecture**
  - M&M
  - Symposium
  - Symposium
  - Updates/ Break
  - Journal Club/ Case Presentation
  - AFMRD/ NEJM End of Block EXAM

**Week 5-6**
- **5 Book Club**
  - Wellness/ Teambuilding
  - Wellness/ Teambuilding
  - Wellness/ Teambuilding
  - Updates/ Break
  - Wellness/ Teambuilding

Didactics are scheduled as far in advance as possible, with all resident lectures assigned at the beginning of the Academic year. Each resident must present at least one Case Presentation, resident-led presentation, journal club & OMM Journal annually.

Current curriculum we utilize for resident led presentations include Challenger-Med & New England Journal of Medicine (NEJM). Subscriptions are provided by GME for three years of residency. Quarterly, we have resident wellness and department team-building largely determined by resident ideas and suggestions.
### Subspecialty Rotations Available For Family Medicine Residents

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<th>Anesthesiology</th>
<th>Obstetrics &amp; Gynecology</th>
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<tr>
<td>Cardiology</td>
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<td>Cardiotoracic Surgery</td>
<td>Orthopedic Surgery</td>
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<td>Critical Care</td>
<td>Otorhinolaryngology</td>
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<td>Dermatology</td>
<td>Pathology</td>
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<td>Diagnostic Radiology</td>
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<td>Emergency Medicine</td>
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<td>Endocrinology</td>
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<td>Family Medicine</td>
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<td>General Surgery</td>
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<td>Hematology</td>
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<td>Hospice &amp; Palliative Care</td>
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<td>Infectious Disease</td>
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<td>Internal Medicine</td>
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<td>Interventional Radiology</td>
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<td>Neurology</td>
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Policies & Procedures

These policies & contracts are available through the FMC website at the links below. Hard copies can be printed upon request.

FMC Graduate Medical Education PGY–1 Contract

Minimum Requirements for Residency Program

Employee Health Screenings

Employment Policy/Post–Offer Requirements

Family Medicine CORE Block Schedule

Family Medicine Resident Time Off Procedures

Pre-employment Testing for Drug Free Workplace

Sponsoring Institution (SI) Time Off Procedures

American Osteopathic Board of Family Physicians

American Board of Family Medicine

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For additional information:

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