Graduate Medical Education
Internal Medicine Booklet

Fairfield Medical Center

Internal Medicine Residency Program
740-687-8949
GradMedEd@fmchealth.org
www.fmchealth.org/careers/gme/

ACGME #1403800535
NRMP #2208140C0
Welcome to Graduate Medical Education at Fairfield Medical Center

Fairfield Medical Center is a vibrant 222-bed healthcare organization focused on providing exceptional experiences to everyone it serves. We are in a great location, approximately 30 miles southeast of Columbus and approximately 30 miles northeast of the scenic Hocking Hills area. Drawing on a multiple county market area, the medical center has a diverse patient demographic that is optimal for residency training. Our Graduate Medical Education Resource Center provides a dedicated area for residents and students to train. The center includes lecture and study facilities, sophisticated audio, visual and video conference technology, osteopathic manipulative therapy, and other hands-on learning directed by FMC physician instructors.

FMC offers primary care residency programs in Family and Internal Medicine. Family Medicine and Internal Medicine are currently ACGME accredited, which means that residents graduating from our programs will be eligible for ACGME fellowships and their specialty board certification exams. FMC maintains a strong training affiliation with Ohio University Heritage College of Osteopathic Medicine and participates in the statewide Clinical Divisions that promote collaboration among multiple OUHCOM affiliated residency programs. Originally accredited by the American Osteopathic Association, our Family Medicine Residency Program began in 2010 and our Internal Medicine Residency Program in 2012. Both programs have achieved continued accreditation, as well as continued Osteopathic Recognition under ACGME and maintain a continued commitment to training osteopathic principles and practice.

We encourage those seeking balanced education opportunities in medicine to explore the opportunities at FMC. Our program provides informative community and clinical experiences for first and second year medical students and excellent hands-on clinical and didactic training for third year and fourth year medical students. Our osteopathic-focused residency training programs offer minimal competition for procedural exposure and a breadth of encountered pathology to provide relevant practical training experience. We have an exceptional teaching staff committed to providing not only the best in patient care, but also outstanding learning opportunities in an environment with a comprehensive curriculum. Our faculty and staff offer a wealth of pertinent and up-to-date information during rotations, lectures, OMM and SIM training sessions and in-clinic settings. As newer programs, our Family Medicine and Internal Medicine Residencies provide unique opportunities for physician trainees who want to help cultivate their clinical education experience. Innovative curricula and resources, such as new state-of-the-art skills labs, support our education programs. With engaged faculty members and low physician-to-resident ratios, trainees will gain a valuable hands-on learning experience and be better prepared for their board certification exams upon completion of their residency at FMC.

FMC is known throughout Central Ohio for offering a wide variety of educational opportunities. We are an excellent place to further your training in medicine.
Resident Salary & Benefits

**Salary**
- PGY 1 – $60,000
- PGY 2 – $63,200
- PGY 3 – $67,000

**Benefit Plans**
Hospital will provide to, or for the benefit of, Resident, and Resident’s eligible dependents, the following benefits during the Term/Extended Term of this Agreement:

Participation in the retirement, welfare benefit, and other plans including health, vision, dental, life, and disability insurance made available to the employees of Hospital on the same terms as such other employees participate as detailed in the Hospital’s Employee Benefit Guide - a copy of which will be provided to Resident at the time of Hospital orientation.

**Lab Coat**
Program will provide two (2) lab coats to the Resident.

**Parking**
Parking is provided to Resident free of charge in the parking garage.

**Resident Responsibility**
Required conference (one in three years)
Procure laptop & phone (must meet FMC IT requirements)
Osteopathic Medicine for All Course (All allopathic residents)

**Provided by GME**
- Training certificate – Once
- State of Ohio medical license – Once
- NEJM Knowledge+ – Annual
- MKSAP/ACP (IM residents) – Annual
- COMLEX III – Once
- Challenger – Annual
- Board Exam – Once
- OMT Board Certification – Once
- AOA membership (DOs) – Annual

- AMA membership (MDs) – Annual
- NCH jacket (FM PGY1 only) – Once
- OMM Board review (PGY3 FM only) – Once
- AAFP membership (FM) – Annual
- Epocrates – Annual
- Up-to-date – Annual
- Critical Care conference (IM Interns) – Once
- POCUS Curriculum Fee
- AFMRD (FM residents) – Annual
1. Fairfield Medical Center
https://www.fmchealth.org/
Graduate Medical Education
https://www.fmchealth.org/careers/gme/
FMC GME Video
https://youtu.be/LnMPX--A6lM
FMC The Monitor Publication
https://www.fmchealth.org/articles-events-resources/the-monitor/
Fairfield Medical Center Awards
https://www.fmchealth.org/about-us/awards-honors/
Fairfield Community Health Center:
Family Medicine Clinic New Building Design:
https://www.fairfieldchc.org/the-south-school-project/

2-3. Local Attractions
Visit Fairfield County: https://visitfairfieldcounty.org/
Lancaster–Fairfield County Chamber of Commerce: https://www.lancoc.org/
Destination Downtown Lancaster: https://www.destinationdowntownlancaster.com/
Hocking Hills: http://www.hockinghills.com/
Buckeye Lake: https://buckeyelakevillage.com/

4-5. Facts About Our Region
Fairfield Medical Center is the largest employer in Fairfield County
Breweries in Fairfield County: Double Edge Brewing Company, Outerbelt Brewing
Ohio University – Lancaster: https://www.ohio.edu/lancaster/
Approximately 30 minutes away from Columbus International Airport
Fairfield Medical Center also serves parts of Hocking, Pickaway, Perry & Licking counties
Whatever you’re searching for, you can find it here.

The Fairfield Medical Heartburn Center specializes in the diagnosis and treatment of heartburn and other symptoms of gastroesophageal reflux disease (GERD) to help you live more comfortably.

Find relief by scheduling a free nurse consultation today. A physician referral is not required.

To learn more about the Fairfield Medical Heartburn Center, call 740-689-6486.

Visit fmchealth.org to learn about our healthcare services.

Feeling tired and out of breath is now a thing of the past for historian Jack Campbell following minimally invasive heart surgery at Fairfield Medical Center. Jack, who has aortic valve disease, opted to receive the TAVR (transcatheter aortic valve replacement) procedure to replace the weakened valve in his heart. His recovery included 12 weeks of cardiac rehabilitation at FMC, which helped him lose weight and rebuild the strength he needs to continue leading the active lifestyle he loves.

“I can’t explain how quickly this procedure restored my health,” Jack said. “I didn’t know how bad I felt until I felt better, and the difference is incredible.”

Physician referral is required for enrollment in the Structural Heart Program. To learn more, call 740-689-4480.

TAVR & the Structural Heart Program at FMC

Unlike open-heart surgery, the TAVR procedure requires only one small incision, with patients experiencing a noticeable improvement in symptoms, along with a quicker recovery and less pain. During the procedure, FMC’s specially trained Structural Heart Team uses high-definition imaging to implant an artificial valve within the damaged one, restoring function to the heart.

Visit fmchealth.org to learn about our healthcare services.
Primary Care - 740-687-8886
FHP Family Medicine of Amanda
Amanda Clinic
P: 740-969-4828/F: 740-969-4818
FHP Family Medicine of Carroll
Carroll Clinic
P: 740-756-4589/F: 740-756-4876
FHP Family Medicine of Millersport
Whetstone Campus
P: 740-467-2787/F: 740-467-2450
FHP Internal Medicine
River View Medical Offices, Ste. 280
P: 740-689-4470/F: 740-808-8157
Internal Med. Residency Clinic
Medical Office Pavilion, Ste. 304
P: 740-687-8397/F: 740-654-4103
Primary Care Logan
Rural Health Care
Logan Clinic
P: 740-385-9646/F: 740-385-0630
Primary Care New Lexington 14
Rural Health Care
775 Carroll St.,
New Lexington, OH 43764
P: 740-343-4447/F: 740-343-4451
FHP Specialty Practices
Cardiology
P: 740-689-4480/F: 740-277-7692
Amanda Clinic
Logan Medical Arts, Side A
Millersport Clinic
New Lexington Clinic
River View Medical Offices, Ste. 200
Cardiothoracic Surgery
The Fairmore Center, Ste. 202
P: 740-681-9020/F: 740-681-9112
Gastroenterology 6
1231 E. Main St.
Lancaster, OH 43130
P: 740-687-9182/F: 740-687-0278
(Specialty Cont’d)
Hematology/Oncology
Medical Office Pavilion, Ste. 304
P: 740-687-4505/F: 740-687-8629
Infectious Disease
Medical Office Pavilion, Ste. 302
P: 740-687-8805/F: 740-687-8803
Neurology
Medical Office Pavilion, Ste. 201
P: 740-687-8888/F: 740-687-8675
Obstetrics & Gynecology 15
112 N. Ewing St.
Lancaster, OH 43130
P: 740-689-6690/F: 740-689-6698
Orthopedics and Physical Medicine & Rehabilitation
River Valley Campus, 2nd Floor
P: 740-689-4935/740-689-4889
Psychiatry & Health Psychology 17
131 N. Ewing St., Unit C
Lancaster, OH 43130
P: 740-689-6600/F: 740-689-6603
Pulmonology
P: 740-689-6833/F: 740-689-6827
Amanda Clinic
Logan Clinic, Unit B
New Lexington Clinic
The Fairmore Center, Ste. 303
Radiation Oncology
Main Campus, South Entrance
P: 740-687-8550/F: 740-687-8959
Rheumatology
P: 740-689-6408/F: 740-689-6409
The Fairmore Center, Ste. 201
Sleep Medicine
Medical Office Pavilion, Ste. 204
P: 740-689-4925/F: 740-689-4885
Urology
The Fairmore Center, Ste. 203
P: 740-689-4945/F: 740-689-4882
Vascular Surgery
The Fairmore Center, Ste. 302
P: 740-687-6910/F: 740-689-9546
Physical Therapy Services
Outpatient Therapy Services 16
(OPTS)
1143 E. Main St.
Lancaster, OH 43130
P: 740-687-8602/F: 740-687-8857
OPTS at River Valley Campus
River Valley Campus, Floor 1
P: 740-687-2930/F: 740-687-2970
Urgent & Emergency Care
FMC Urgent Care 9
1155 E. Main St.
Lancaster, OH 43130
P: 740-687-2273/F: 740-687-9059
Fairfield Medical Center
Emergency Department
Main Campus, North Entrance
401 N. Ewing St., Lancaster
Dial 911 for emergencies
River Valley Campus
Emergency Department
River Valley Campus, ED Entrance
2384 N. Memorial Drive, Lancaster
Dial 911 for emergencies
Occupational Health
FMC Occupational Health 9
1155 E. Main St.
Lancaster, OH 43130
P: 740-689-4404/F: 740-687-0447
Surgical
FHP General Surgery - River View
River View Surgery Center, Ste. 250
Fairfield Medical Center
Main Campus, South or Surgery Entrance
Diagnostic
Fairfield Medical Diagnostic
Services at Main Street
1159 E. Main St.
Lancaster, OH 43130
Imaging: P: 740-687-8444
Lab: P: 740-687-8444
Fairfield Medical Diagnostic
Services at River Valley Campus
River Valley Campus, 2nd Floor
Imaging: P: 740-654-6312
Lab: P: 740-681-7408
Fairfield Medical Diagnostic
Services at Millersport
Millersport Clinic
Lab: P: 740-467-3533
Fairfield Medical Diagnostic
Services at New Lexington
New Lexington Clinic
Lab: P: 740-343-4053
PET/CT Scans
River View Medical Offices
(Area between River View & River Valley Campus - drive around building)
Imaging: P: 740-654-7269
Pre-Admissions Testing (PAT) 9
1155 E. Main St.
Lancaster, OH 43130
Imaging: P: 740-689-6680
Hospital Services
Fairfield Medical Center
Main Campus, South Entrance
P: 740-687-8000
Financial Services 20
Main Campus, South Entrance
401 N. Ewing St., 1st Floor
Lancaster, OH 43130
P: 740-687-8025
Clinics/Services In-House
(See back)
FMC Locations
See back for addresses and map locations
Additional addresses not listed on front:

**Amanda Clinic**
5115 Amanda Northern Rd.
Amanda, OH 43102

**Carroll Clinic**
82 E. Canal St.
Carroll, OH 43112

**Diley Ridge**
7901 Diley Rd.
Canal Winchester, OH 43110

**Fairfield Medical Center**
Main Campus - 401 N. Ewing St.
Lancaster, OH 43130

**The Fairmore Center**
5618 Pleasantville Rd.
Lancaster, OH 43130

**Logan Clinic**
751 St. Rt. 664 N.
Logan, OH 43138

**Logan Medical Arts**
819 St. Rt. 664 N.
Logan, OH 43138

**Medical Office Pavilion**
135 N. Ewing St.
Lancaster, OH 43130

**Wetstone Clinic**
12135 Lancaster St.
Lancaster, OH 43046

**New Lexington Clinic**
771 Carroll St.
New Lexington, OH 43764

**River Valley Campus**
2384 N. Memorial Dr.
Lancaster, OH 43130

**River View Med. Offices**
2405 N. Columbus St.
Lancaster, OH 43130

**In-House Clinics**

**Arrhythmia Clinic**
Main Campus, 1st Floor
P: 740-687-8170

**Cardiopulmonary Rehab**
Main Campus, 2nd Floor
P: 740-687-8174

**Chemo/Infusion**
Main Campus, 2nd Floor
P: 740-687-6900

**Coumadin Clinic**
Main Campus, 1st Floor
P: 740-687-8171

**Endoscopy**
Main Campus, 1st Floor
P: 740-687-8104

**Heart Failure Clinic**
River View, Ste. 200
P: 740-687-8173

**Heartburn Clinic**
Main Campus, 1st Floor
P: 740-689-6486

**Mammography**
Main Campus, 2nd Floor
P: 740-687-8666

**Sleep Lab**
Main Campus, 1st Floor
P: 740-689-6390

**Stress Lab**
Main Campus, 1st Floor
P: 740-687-8170

**Wound Clinic**
The Fairmore, Ste. 304

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**Fairfield Community Health Center**
(Not affiliated with Fairfield Medical Center)

- 220 S. Walnut St., Lancaster, OH 43130 (Family Medicine Residency Clinic) 740-277-6043

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Updated 2-7-24

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To contact an office, please call 740-687-8000 or visit fmchealth.org
INTERNAL MEDICINE RESIDENTS 2023–2024

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Irving Rosenberg, MD
Internal Medicine Residency Program Director

Robert Zee, DO, FACOI
Internal Medicine Residency Assistant Program Director

Cynthia McGowan, DO
Director of Osteopathic Education
### Fairfield Medical Center - Internal Medicine Residency Program

**3 Year Block Diagram**

*Osteopathic education/experience; # osteopathic clinic, + osteopathic didactics/labs*

#### Block Diagram PGY-1

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Specialty Rotations are any of the below rotations, completed by the residents at Fairfield Center to fulfill the ACGME requirement of 10 months inpatient and 10 months outpatient.

- Cardiology
- Critical Care
- Emergency Medicine
- Gastroenterology
- General Surgery
- Geriatrics
- Hematology Oncology
- Interventional & General Radiology
- Nephrology
- Neurology
- Outpatient General Internal Medicine
- Pulmonology
- Rheumatology
- Wards Days
- Wards Nights

#### IM Didactics Schedule 2023-2024

**Time** | **12p-1p** | **1p-2p** | **2p-3p** | **3p-4p** | **4p-5p** | **5p-6p**
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First Wednesday | IM/FM Combined Guest Lecture | SIM Lab Team A | SIM Lab Team B | IM/FM Combined OMM Journal Club | POCUS 101 & Advanced POCUS | ECG Lecture Series for PGY-1s
Second Wednesday | IM/FM Combined Guest Lecture | OMM Table Time | OMM Table Time | IM Resident Case Presentation | IM Journal Club |
Third Wednesday | IM/FM Combined Guest Lecture | Resident Led MKSAP | Resident Led NEJM | OMM Rounds | POCUS 101 & Advanced POCUS | ECG Lecture Series for PGY-1s
Fourth Wednesday | IM/FM Combined Pharmacy Lecture | IM/FM Combined M&M | SIM Lab Team A | SIM Lab Team B | IM/FM Combined Research |
Fifth Wednesday | Wellness/Teambuilding |

- During Orientation month, didactics are virtual and take place an hour daily at the discretion of the senior mentor.
- A new Professionalism series has been added to the itinerary. These modules are both virtual and in-person and take place throughout the first half of the academic year.
Elective Rotations Available For Internal Medicine Residents

Elective rotations can include the following, depending on the interests of the resident and can be completed outside Fairfield Medical Center.

- Addiction Medicine
- Allergy & Immunology
- Anesthesiology
- Cardiology
- Critical Care
- Dermatology
- Emergency Medicine
- Endocrinology
- Gastroenterology
- General Surgery
- Geriatrics
- Hematology Oncology
- Hospice & Palliative Care
- Infectious Disease
- Interventional & General Radiology
- Nephrology
- Neurology
- Ophthalmology
- Outpatient General Internal Medicine
- Pain Management
- Physical Medicine & Rehabilitation
- Psychiatry
- Pulmonology
- Rheumatology
- Sleep Medicine
- Sports Medicine
- Urology
- Vascular Disease
- Vascular Surgery
- Wards Days & Nights
- Women’s Health

ACGME #1403800535
NRMP #2208140C0
These policies & contracts are available through the FMC website at the links below. Hard copies can be printed upon request.

- FMC Graduate Medical Education PGY-1 Contract
- Minimum Requirements for Residency Program
- Employee Health Screenings
- Employment Policy/Post-Offer Requirements
- Internal Medicine CORE Block Schedule
- Internal Medicine Resident Time Off Procedures
- Pre-employment Testing for Drug Free Workplace
- Sponsoring Institution (SI) Time Off Procedures
- ABIM Policies
- American Osteopathic Board of Internal Medicine
For additional information:

Internal Medicine
Residency Program
740-687-8949
GradMedEd@fmchealth.org
www.fmchealth.org/careers/gme/

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