

Graduate Medical Education

Internal Medicine Booklet



Internal Medicine Residency Program 740-687-8949 <u>GradMedEd@fmchealth.org</u> <u>www.fmchealth.org/careers/gme/</u>

ACGME #1403800535 NRMP #2208140C0

Welcome to Graduate Medical Education at Fairfield Medical Center

Fairfield Medical Center is a vibrant 222-bed healthcare organization focused on providing exceptional experiences to everyone it serves. We are in a great location, approximately 30 miles southeast of Columbus and approximately 30 miles northeast of the scenic Hocking Hills area. Drawing on a multiple county market area, the medical center has a diverse patient demographic that is optimal for residency training. Our Graduate Medical Education Resource Center provides a dedicated area for residents and students to train. The center includes lecture and study facilities, sophisticated audio, visual and video conference technology, osteopathic manipulative therapy, and other hands-on learning directed by FMC physician instructors.

FMC offers primary care residency programs in Family and Internal Medicine. Family Medicine and Internal Medicine are currently ACGME accredited, which means that residents graduating from our programs will be eligible for ACGME fellowships and their specialty board certification exams. FMC maintains a strong training affiliation with Ohio University Heritage College of Osteopathic Medicine and participates in the statewide Clinical Divisions that promote collaboration among multiple OUHCOM affiliated residency programs. Originally accredited by the American Osteopathic Association, our Family Medicine Residency Program began in 2010 and our Internal Medicine Residency Program in 2012. Both programs have achieved continued accreditation, as well as continued Osteopathic Recognition under ACGME and maintain a continued commitment to training osteopathic principles and practice.

We encourage those seeking balanced education opportunities in medicine to explore the opportunities at FMC. Our program provides informative community and clinical experiences for first and second year medical students and excellent hands-on clinical and didactic training for third year and fourth year medical students. Our osteopathic-focused residency training programs offer minimal competition for procedural exposure and a breadth of encountered pathology to provide relevant practical training experience. We have an exceptional teaching staff committed to providing not only the best in patient care, but also outstanding learning opportunities in an environment with a comprehensive curriculum. Our faculty and staff offer a wealth of pertinent and up-to-date information during rotations, lectures, OMM and SIM training sessions and in-clinic settings. As newer programs, our Family Medicine and Internal Medicine Residencies provide unique opportunities for physician trainees who want to help cultivate their clinical education experience. Innovative curricula and resources, such as new state-of-the-art skills labs, support our education programs. With engaged faculty members and low physician-to-resident ratios, trainees will gain a valuable hands-on learning experience and be better prepared for their board certification exams upon completion of their residency at FMC.

FMC is known throughout Central Ohio for offering a wide variety of educational opportunities. We are an excellent place to further your training in medicine.

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Resident Salary & Benefits

Salary

PGY 1 - \$60,000 PGY 2 - \$63,200 PGY 3 - \$67,000

Benefit Plans

Hospital will provide to, or for the benefit of, Resident, and Resident's eligible dependents, the following benefits during the Term/Extended Term of this Agreement:

Participation in the retirement, welfare benefit, and other plans including health, vision, dental, life, and disability insurance made available to the employees of Hospital on the same terms as such other employees participate as detailed in the Hospital's Employee Benefit Guide - a copy of which will be provided to Resident at the time of Hospital orientation.

Lab Coat

Program will provide two (2) lab coats to the Resident.

Parking

Parking is provided to Resident free of charge in the parking garage.

Resident Responsibility

Required conference (one in three years) Procure laptop & phone (must meet FMC IT requirements) Osteopathic Medicine for All Course (All allopathic residents)

Provided by GME

Training certificate – Once State of Ohio medical license – Once NEJM Knowledge+ – Annual MKSAP/ACP (IM residents) – Annual COMLEX III – Once Challenger – Annual Board Exam – Once OMT Board Certification – Once AOA membership (DOs) – Annual AMA membership (MDs) – Annual NCH jacket (FM PGY1 only) – Once OMM Board review (PGY3 FM only) – Once AAFP membership (FM) – Annual Epocrates – Annual Up-to-date – Annual Critical Care conference (IM Interns) – Once POCUS Curriculum Fee AFMRD (FM residents) – Annual

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Fairfied Medical Center

Fairfield Medical Center, founded in 1916, provides primary and emergent care to local residents. FMC has been expanding its off-campus footprint, with additional locations in Millersport, Amanda, New Lexington, Canal Winchester and Logan. In addition, its River Valley Campus opened in 2019 offering sports medicine and other out patient services.



The home of the Fortune 500 company Anchor Hocking was once a bustling center of industry and employment. At its peak following World War II, Lancaster's hometown company was the world's largest maker of glassware and employed more than 5,000 town residents.

Destination Dewntown Lancaster

Downtown Lancaster has a variety of events that bring community and visitors together to celebrate in the beautiful historic district. Whether you are inspired by art, theater, music, or the changing of seasons and the holidays that go with them, downtown Lancaster has a bit of everything!



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Fairfield County

With 182,898 people, Fairfield County is the 19th most populated county in Ohio. White-collar workers make up 78,19% of the working population, while blue-collar employees account for 21.81%. Of the workforce, ther are 8.01% employeed as entrepreneurs, 67,29% employed in private companies, and 16.72% working in governmental institutions.





Lancaster, Ohio Population

Lancaster has a population of 41,111. It is also the county seat of Fairfield county. Lancaster is currently growing at a rate of 0.43% annually and its population has increased by 1.28% since the most recent census, which recorded a population of 40,590 in 2020.



https://www.fmchealth.org/ Graduate Medical Education https://www.fmchealth.org/careers/gme/ FMC GME Video https://youtu.be/LnMPX--A61M FMC The Monitor Publication https://www.fmchealth.org/articles-events-resources/the-monitor/ Fairfield Medical Center Awards https://www.fmchealth.org/about-us/awards-honors/ Fairfield Community Health Center: Family Medicine Clinic New Building Design: https://www.fairfieldchc.org/the-south-school-project/

2-3. Local Attractions

Visit Fairfield County: <u>https://visitfairfieldcounty.org/</u> Lancaster-Fairfield County Chamber of Commerce: <u>https://www.lancoc.org/</u> Destination Downtown Lancaster: <u>https://www.destinationdowntownlancaster.com/</u> Hocking Hills: <u>http://www.hockinghills.com/</u> Buckeye Lake: <u>https://buckeyelakevillage.com/</u>

4-5. Facts About Our Region

Fairfield Medical Center is the largest employer in Fairfield County Breweries in Fairfield County: Double Edge Brewing Company, Outerbelt Brewing Ohio University – Lancaster: <u>https://www.ohio.edu/lancaster/</u> Approximately 30 minutes away from Columbus International Airport Fairfield Medical Center also serves parts of Hocking, Pickaway, Perry & Licking counties



Local Area Schools

Ohio has 1.7 million students, in partnership with more than 240,000 educators across the state. The Ohio Department of Education dedicated to fulfilling the vision established Ohio's strategic plan for education. The vision is, "In Ohio, each child is challenged to discover and learn, prepared to pursue a fulfilling post-high school path and empowered to become a resilient, lifelong learner who contributes to society."



Amanda Clearcreek Schools 740-969-7250 (Amanda) Berne Union Schools 740-746-8341 (Sugar Grove) Bloom Carroll Schools 740-756-9700 (Carroll) Canal Winchester Schools 614-837-4533 (Canal Winchester) Eastland-Fairfield Career & Technical Schools 614-836-4541 (Groveport & Lancaster) Fairfield Christian Academy 740-654-2889 (Lancaster) Fairfield Union Schools 740-536-7384 (Rushville) Fisher Catholic High School 740-654-1231 (Lancaster)

Fisher Catholic High Schools 740-536-7384 (Rushville) Fisher Catholic High School 740-654-1231 (Lancaster) Lancaster City Schools 740-687-7300 (Lancaster) Liberty Union Schools 740-862-4171 (Baltimore) Logan Hocking Local Schools 740-385-8517 (Logan) New Lexington City Schools 740-342-4133 (New Lexington) Northern Local Schools 740-743-1303 (Thornville) Pickerington Schools 614-833-2110 (Pickerington) Walnut Township 740-467-2802 (Millersport)

Fairfield Medical 2023 Ad Campaigns: "Whatever You're Searching For" & "Patient Experience"



Whatever you're searching for, you can find it *here*.

The Fairfield Medical Heartburn Center specializes in the diagnosis and treatment of heartburn and other symptoms of gastroesophageal reflux disease (GERD) to help you live more comfortably.

Find relief by scheduling a *free nurse consultation* today. A physician referral is not required.

To learn more about the Fairfield Medical Heartburn Center, call 740-689-6486.



Visit fmchealth.org to learn about our healthcare services.



Feeling tired and out of breath is now a thing of the past for historian Jack Campbell following minimally invasive heart surgery at Fairfield Medical Center. Jack, who has aortic valve disease, opted to receive the TAVR (transcatheter aortic valve replacement) procedure to replace the weakend valve in his heart. His recovery included 12 weeks of cardiac rehabilitation at FMC, which helped him lose weight and rebuild the strength he needs to continue leading the active lifestyle he loves.

"I can't explain how quickly this procedure restored my health," Jack said. "I didn't know how bad I felt until I felt better, and the difference is incredible."



TAVR & the Structural Heart Program at FMC

Unlike open-heart surgery, the TAVR procedure requires only one small incision, with patients experiencing a noticeable improvement in symptoms, along with a quicker recovery and less pain. During the procedure, FMC's specially trained Structural Heart Team uses high-definition imaging to implant an artificial valve within the damaged one, restoring function to the heart.

Physician referral is required for enrollment in the Structural Heart Program. To learn more, call 740-689-4480.

Primary Care - 740-687-8886

FHP Family Medicine of Amanda

Amanda Clinic P: 740-969-4828/F: 740-969-4818

FHP Family Medicine of Carroll Carroll Clinic P: 740-756-4589/F: 740-756-4876

FHP Family Medicine of Millersport

Whetstone Campus P: 740-467-2787/F: 740-467-2450

FHP Internal Medicine River View Medical Offices, Ste. 280 P· 740-689-4470/F· 740-808-8157

Internal Med. Residency Clinic

Medical Office Pavilion, Ste. 304 P: 740-687-8397/F: 740-654-4103

Primary Care Logan Rural Health Care Logan Clinic

P: 740-385-9646/F: 740-385-0630

Primary Care New Lexington 14

Rural Health Care 775 Carroll St., New Lexington, OH 43764 P: 740-343-4447/F: 740-343-4451

FHP Specialty Practices

Cardiology

P: 740-689-4480/F: 740-277-7692 Amanda Clinic Logan Medical Arts, Side A Millersport Clinic New Lexington Clinic River View Medical Offices, Ste. 200

Cardiothoracic Surgery The Fairmore Center, Ste. 202

P: 740-681-9020/F: 740-681-9112

Gastroenterology

1231 E. Main St. Lancaster, OH 43130 P: 740-687-9182/F: 740-687-0278

(Specialty Cont'd)

Hematology/Oncology

Medical Office Pavilion, Ste. 304 P: 740-687-4505/F: 740-687-8629

Infectious Disease

Medical Office Pavilion, Ste. 302 P: 740-687-8805/F: 740-687-8803

Neurology

Medical Office Pavilion, Ste. 201 P: 740-687-8888/F: 740-687-8675

Obstetrics & Gynecology

112 N. Ewing St. Lancaster, OH 43130 P: 740-689-6690/F: 740-689-6698

Orthopedics and Physical Medicine & Rehabilitation River Valley Campus, 2nd Floor P: 740-689-4935/740-689-4889

Psychiatry & Health Psychology 17

131 N. Ewing St., Unit C Lancaster, OH 43130 P: 740-689-6600/F: 740-689-6603

Pulmonology P: 740-689-6833/F: 740-689-6827 Amanda Clinic Logan Clinic, Unit B New Lexington Clinic The Fairmore Center, Ste. 303

Radiation Oncology

Main Campus, South Entrance P: 740-687-8550/F: 740-687-8959

Rheumatology

P: 740-689-6408/F: 740-689-6409 The Fairmore Center, Ste. 201

Sleep Medicine

Medical Office Pavilion, Ste. 204 P: 740-689-4925/F: 740-689-4885

Urology

The Fairmore Center, Ste. 203 P: 740-689-4945/F: 740-689-4882

Vascular Surgery

The Fairmore Center, Ste. 302 P: 740-687-6910/F: 740-689-9546

FMC Locations

Physical Therapy Services

Outpatient Therapy Services 16

(OPTS) 1143 E. Main St. Lancaster, OH 43130 P: 740-687-8602/F: 740-687-8857

OPTS at River Valley Campus

River Valley Campus, Floor 1 P: 740-687-2930/F: 740-687-2970

Urgent & Emergency Care

FMC Urgent Care

1155 E. Main St. Lancaster, OH 43130 P: 740-687-2273/F: 740-687-9059

Fairfield Medical Center Emergency Department Main Campus, North Entrance 401 N. Ewing St., Lancaster

Dial 911 for emergencies

River Valley Campus Emergency Department River Valley Campus, ED Entrance 2384 N. Memorial Drive, Lancaster Dial 911 for emergencies

Occupational Health

FMC Occupational Health

1155 E. Main St. Lancaster, OH 43130 P: 740-689-4404/F: 740-687-0447

Surgical

FHP General Surgery - River View

River View Surgery Center, Ste. 250 P: 740-654-6213/F: 740-654-3346

Fairfield Medical Center Main Campus, South or Surgery Entrance

Diagnostic

Fairfield Medical Diagnostic 10

 Services at Main Street

 1159 E. Main St.

 Lancaster, OH 43130

 Imaging
 P: 740-687-8444

 Lab
 P: 740-687-8444

Fairfield Medical Diagnostic Services at River Valley Campus

 River Valley Campus, 2nd Floor

 Imaging
 P: 740-654-6312

 Lab
 P: 740-681-7408

Fairfield Medical Diagnostic

Services at Millersport Millersport Clinic Lab P: 740-467-3533

Fairfield Medical Diagnostic Services at New Lexington

New Lexington Clinic Lab P: 740-343-4053

PET/CT Scans

River View Medical Offices (Area between River View & River Valley Campus – drive around building) Imaging P: 740–654–7269

Pre-Admissions Testing (PAT) 9

1155 E. Main St. Lancaster, OH 43130 Imaging P: 740-689-6680

Hospital Services

Fairfield Medical Center

Main Campus, South Entrance P: 740-687-8000

Financial Services

20

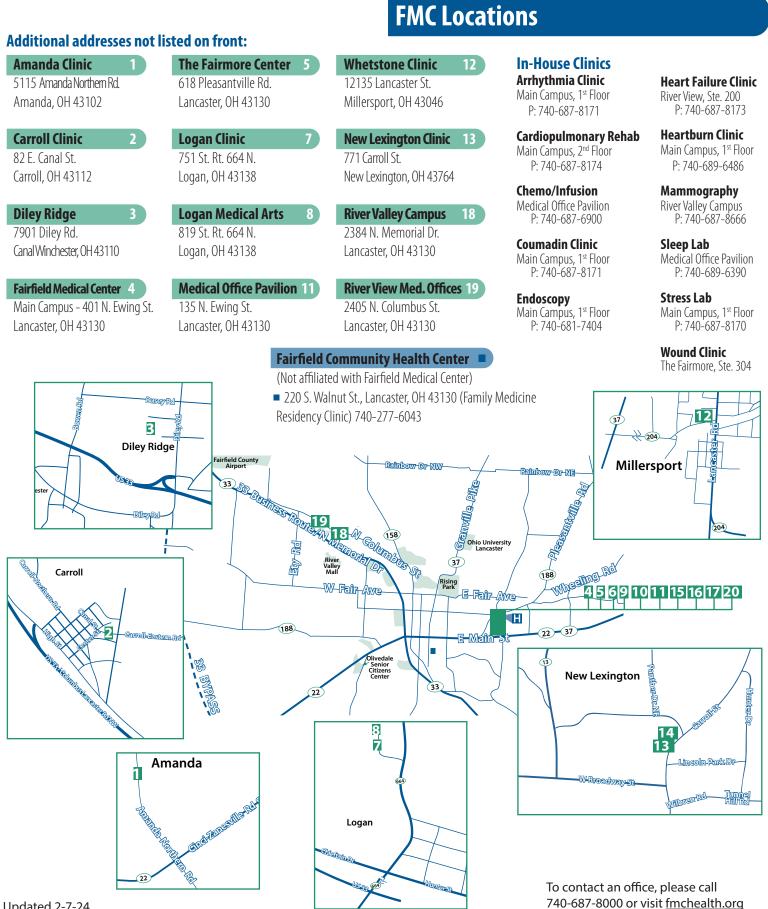
Main Campus, South Entrance 401 N. Ewing St., 1st Floor Lancaster, OH 43130 P: 740-687-8025

Clinics/Services In-House

(See back)



See back for addresses and map locations



Updated 2-7-24



INTERNAL MEDICINE RESIDENTS 2023-2024



Imtisaal Waris, DO Chief, Year Three Resident <u>driwaris@fmchealth.org</u> 516-305-7142



Brandon Boyd, DO Year Three Resident <u>drbboyd@fmchealth.org</u> 704-957-1346



Faizan Haider, MD Year Three Resident drqhaider@fmchealth.org 817-505-6411



Brandon Singh, DO Year Three Resident <u>drbsingh@fmchealth.org</u> 301-237-6977



Prithvia Devadas, DO Year Two Resident <u>drpdevadas@fmchealth.org</u> 715-207-8730



Nimrah Imam, DO Year Two Resident drnimam@fmchealth.org 909-641-5553



Amanda Ter Doest, DO Year Two Resident <u>draterdoest@fmchealth.org</u> 484-862-5644



Moe Israr, MD Year One Resident drmisrar@fmchealth.org 248-982-9310



JJ Jones, DO Year One Resident drjjones@fmchealth.org 423-300-7792



Kristen Shah King, DO Year One Resident <u>drkshahking@fmchealth.org</u> 304-588-3519



Tyler Worthington, DO Year One Resident drtworthington@fmchealth.org 937-838-2659



Irving Rosenberg, MD Internal Medicine Residency Program Director



Robert Zee, DO, FACOI Internal Medicine Residency Assistant Program Director



Cynthia McGowan, DO Director of Osteopathic Education

Fairfield Medical Center - Internal Medicine Residency Program

3 Year Block Diagram

*Osteopathic education/experience; # osteopathic clinic, + osteopathic didactics/labs

Block Diagram PGY-1

| Block | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 |
|-----------------------|------------|------------|-----------------|---------------|--------|----------------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| Site | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 |
| Rotation Name | Wards Days | Wards Days | Wards Nights | Critical Care | Pulm | Emergeny Medicine | Specialty | Specialty | Specialty | Specialty | Specialty | Specialty | Specilaty |
| % Outpatient | 0 | 0 | 0 | 0 | 10 | 0 | 10 | 0 | 10 | 10 | 100 | 100 | 100 |
| % Research | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Osteopathic Education | * | * | * | * | * | * | * | * | * | * | * | * | * |
| Osteopathic Clinic | # | # | | | # | # | # | # | # | # | # | # | # |
| Osteopathic Didactics | + | + | | + | + | + | + | + | + | + | + | + | + |

Block Diagram PGY-2

| Block | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 |
|-----------------------|------------|------------|-----------------|---------------|--------|------------|--------|--------|-----------|-----------|-----------|-----------|----------|
| Site | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | |
| Rotation Name | Wards Days | Wards Days | Wards Nights | Critical Care | Pulm | Geriatrics | HemOnc | Neuro | Specialty | Specialty | Specialty | Specialty | Elective |
| % Outpatient | 0 | 0 | 0 | 0 | 10 | 100 | 100 | 10 | 10 | 10 | 100 | 100 | Variable |
| % Research | 0 | 0 | 0 | 0 | 0 | 0 | Ō | Ō | 0 | 0 | 0 | 0 | Ō |
| Osteopathic Education | * | * | * | * | * | * | * | * | * | * | * | * | Variable |
| Osteopathic Clinic | # | # | | | # | # | # | # | # | # | # | # | # |
| Osteopathic Didactics | + | + | | + | + | + | + | + | + | + | + | + | + |

Block Diagram PGY-3

| Block | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 |
|-----------------------|------------|-----------------|---------------|--------|--------|-----------|-----------|-----------|-----------|-----------|-----------|----------|----------|
| Site | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | Site 1 | | |
| Rotation Name | Wards Days | Wards Nights | Critical Care | Pulm | Neuro | Specialty | Specialty | Specialty | Specialty | Specialty | Specialty | Elective | Elective |
| % Outpatient | 0 | 0 | 0 | 10 | 10 | 10 | 10 | 10 | 0 | 100 | 100 | Variable | Variable |
| % Research | 0 | 0 | 0 | 0 | 0 | 0 | Ō | 0 | 0 | 0 | 0 | 0 | 0 |
| Osteopathic Education | * | * | * | * | * | * | * | * | * | * | * | Variable | Variable |
| Osteopathic Clinic | # | | | # | # | # | # | # | # | # | # | # | # |
| Osteopathic Didactics | + | | + | + | + | + | + | + | + | + | + | + | + |

Specialty Rotations are any of the below rotations, completed by the residents at Fairfield Center to fulfill the ACGME requirement of 10 months inpatient and 10 months outpatient.

- Cardiology
- Critical Care
- Emergency Medicine
- Gastroenterology
- General Surgery
- Geriatrics

IM Didactics Schedule 2023-2024

- Hematology Oncology

- Nephrology
- Neurology
- Outpatient General Internal Medicine
- Pulmonology
- Rheumatology
- Wards Days
- Wards Nights
- Interventional & General Radiology

| Time | 12p-1p | 1p-2p | 2p-3p | 3p-4p | 4p-5p | 5p-6p | | | | | | | |
|-----------|----------------|-----------------------|--------------|--------------|-------------|-------------|--|--|--|--|--|--|--|
| First | IM/FM | SIM Lab | SIM Lab | IM/FM | POCUS 101 & | ECG Lecture | | | | | | | |
| Wednesday | Combined Guest | Team A | Team B | Combined OMM | Advanced | Series for | | | | | | | |
| | Lecture | | | Journal Club | POCUS | PGY-1s | | | | | | | |
| Second | IM/FM | OMM Table | OMM Table | IM Resident | IM Journal | | | | | | | | |
| Wednesday | Combined Guest | Time | Time | Case | Club | | | | | | | | |
| | Lecture | | | Presentation | | | | | | | | | |
| Third | IM/FM | Resident Led | Resident Led | OMM | POCUS 101 & | ECG Lecture | | | | | | | |
| Wednesday | Combined Guest | MKSAP | NEJM | Rounds | Advanced | Series for | | | | | | | |
| | Lecture | | | | POCUS | PGY-1s | | | | | | | |
| Fourth | IM/FM | IM/FM | SIM Lab | SIM Lab | IM/FM | | | | | | | | |
| Wednesday | Combined | Combined | Team A | Team B | Combined | | | | | | | | |
| | Pharmacy | M&M | | | Research | | | | | | | | |
| | Lecture | | | | | | | | | | | | |
| Fifth | | | | · · | | | | | | | | | |
| Wednesday | | Wellness/Teambuilding | | | | | | | | | | | |

• During Orientation month, didactics are virtual and take place an hour daily at the discretion of the senior mentor.

 A new Professionalism series has been added to the itinerary. These modules are both virtual and in-person and take place throughout the first half the academic year.

Elective Rotations Available For Internal Medicine Residents

Elective rotations can include the following, depending on the interests of the resident and can be completed outside Fairfield Medical Center.

Addiction Medicine Allergy & Immunology Anesthesiology Cardiology **Critical** Care Dermatology **Emergency Medicine** Endocrinology Gastroenterology **General Surgery** Geriatrics Hematology Oncology Hospice & Palliative Care Infectious Disease Interventional & General Radiology Nephrology

Neurology Ophthalmology **Outpatient General Internal** Medicine Pain Management Physical Medicine & Rehabilitation Psychiatry Pulmonology Rheumatology **Sleep Medicine Sports Medicine** Urology Vascular Disease Vascular Surgery Wards Days & Nights Women's Health

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Policies & Procedures

These policies & contracts are available through the FMC website at the links below. Hard copies can be printed upon request.

FMC Graduate Medical Education PGY-1 Contract

Minimum Requirements for Residency Program

Employee Health Screenings

Employment Policy/Post-Offer Requirements

Internal Medicine CORE Block Schedule

Internal Medicine Resident Time Off Procedures

Pre-employment Testing for Drug Free Workplace

Sponsoring Institution (SI) Time Off Procedures

ABIM Policies

American Osteopathic Board of Internal Medicine

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For additional information:

Internal Medicine Residency Program 740-687-8949 <u>GradMedEd@fmchealth.org</u> <u>www.fmchealth.org/careers/gme/</u>

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