

Graduate Medical Education

Family Medicine Booklet



Fairfield
Medical Center

Family Medicine Residency Program

740-687-8999

GradMedEd@fmchealth.org

www.fmchealth.org/careers/gme/

ACGME #1203800707

NRMP #2208120C0

Welcome to Graduate Medical Education at Fairfield Medical Center

Fairfield Medical Center is a vibrant 222-bed healthcare organization focused on providing exceptional experiences to everyone it serves. We are in a great location, approximately 30 miles southeast of Columbus and approximately 30 miles northeast of the scenic Hocking Hills area. Drawing on a multiple county market area, the medical center has a diverse patient demographic that is optimal for residency training. Our Graduate Medical Education Resource Center provides a dedicated area for residents and students to train. The center includes lecture and study facilities, sophisticated audio, visual and video conference technology, osteopathic manipulative therapy, and other hands-on learning directed by FMC physician instructors.

FMC offers primary care residency programs in Family and Internal Medicine. Family Medicine and Internal Medicine are currently ACGME accredited, which means that residents graduating from our programs will be eligible for ACGME fellowships and their specialty board certification exams. FMC maintains a strong training affiliation with Ohio University Heritage College of Osteopathic Medicine and participates in the statewide Clinical Divisions that promote collaboration among multiple OUHCOM affiliated residency programs. Originally accredited by the American Osteopathic Association, our Family Medicine Residency Program began in 2010 and our Internal Medicine Residency Program in 2012. Both programs have achieved continued accreditation, as well as continued Osteopathic Recognition under ACGME and maintain a continued commitment to training osteopathic principles and practice.

We encourage those seeking balanced education opportunities in medicine to explore the opportunities at FMC. Our program provides informative community and clinical experiences for first and second year medical students and excellent hands-on clinical and didactic training for third year and fourth year medical students. Our osteopathic-focused residency training programs offer minimal competition for procedural exposure and a breadth of encountered pathology to provide relevant practical training experience. We have an exceptional teaching staff committed to providing not only the best in patient care, but also outstanding learning opportunities in an environment with a comprehensive curriculum. Our faculty and staff offer a wealth of pertinent and up-to-date information during rotations, lectures, OMM and SIM training sessions and in-clinic settings. As newer programs, our Family Medicine and Internal Medicine Residencies provide unique opportunities for physician trainees who want to help cultivate their clinical education experience. Innovative curricula and resources, such as new state-of-the-art skills labs, support our education programs. With engaged faculty members and low physician-to-resident ratios, trainees will gain a valuable hands-on learning experience and be better prepared for their board certification exams upon completion of their residency at FMC.

FMC is known throughout Central Ohio for offering a wide variety of educational opportunities. We are an excellent place to further your training in medicine.

ACGME #1203800707
NRMP #2208120C0

Fairfield Medical Center
401 North Ewing Street
Lancaster, Ohio 43130

Resident Salary & Benefits

Salary

PGY 1 – \$65,500

PGY 2 – \$68,000

PGY 3 – \$70,000

Benefit Plans

Hospital will provide to, or for the benefit of, Resident, and Resident's eligible dependents, the following benefits during the Term/Extended Term of this Agreement:

Participation in the retirement, welfare benefit, and other plans including health, vision, dental, life, and disability insurance made available to the employees of Hospital on the same terms as such other employees participate as detailed in the Hospital's Employee Benefit Guide – a copy of which will be provided to Resident at the time of Hospital orientation.

Lab Coat

Program will provide two (2) lab coats to the Resident.

Parking

Parking is provided to Resident free of charge in the parking garage.

Resident Responsibility

Required conference (one in three years)

Procure laptop & phone (must meet FMC IT requirements)

Osteopathic Medicine for All Course (All allopathic residents)

Provided by GME

Training certificate – Once

State of Ohio medical license – Once

NEJM Knowledge+ – Annual

MKSAP/ACP (IM residents) – Annual

COMLEX III – Once

Challenger – Annual

Board Exam – Once

OMT Board Certification – Once

AOA membership (DOs) – Annual

AMA membership (MDs) – Annual

NCH jacket (FM PGY1 only) – Once

OMM Board review (PGY3 FM only) – Once

AAFP membership (FM) – Annual

Epocrates – Annual

Up-to-date – Annual

Critical Care conference (IM Interns) – Once

POCUS Curriculum Fee

AFMRD (FM residents) – Annual



Fairfield Medical Center

Fairfield Medical Center, founded in 1916, provides primary and emergent care to local residents. FMC has been expanding its off-campus footprint, with additional locations in Millersport, Amanda, New Lexington, Canal Winchester and Logan. In addition, its River Valley Campus opened in 2019 offering sports medicine and other out patient services.



Glass City

The home of the Fortune 500 company Anchor Hocking was once a bustling center of industry and employment. At its peak following World War II, Lancaster's hometown company was the world's largest maker of glassware and employed more than 5,000 town residents.



Destination Downtown Lancaster

Downtown Lancaster has a variety of events that bring community and visitors together to celebrate in the beautiful historic district. Whether you are inspired by art, theater, music, or the changing of seasons and the holidays that go with them, downtown Lancaster has a bit of everything!



Fairfield County

With 162,898 people, Fairfield County is the 19th most populated county in Ohio. White-collar workers make up 78.19% of the working population, while blue-collar employees account for 21.81%. Of the workforce, there are 8.01% employed as entrepreneurs, 67.29% employed in private companies, and 16.72% working in governmental institutions.



Lancaster, Ohio Population

Lancaster has a population of 41,111. It is also the county seat of Fairfield County. Lancaster is currently growing at a rate of 0.43% annually and its population has increased by 1.28% since the most recent census, which recorded a population of 40,590 in 2020.

1. Fairfield Medical Center

<https://www.fmchealth.org/>

Graduate Medical Education

<https://www.fmchealth.org/careers/gme/>

FMC The Monitor Publication

<https://www.fmchealth.org/the-monitor/>

Fairfield Medical Center Awards

<https://www.fmchealth.org/about-us/awards-honors/>

Fairfield Community Health Center

<https://www.fchc.org>

2-3. Local Attractions

Visit Fairfield County: <https://visitfairfieldcounty.org/>

Lancaster-Fairfield County Chamber of Commerce: <https://www.lancoc.org/>

Destination Downtown Lancaster: <https://www.destinationdowntownlancaster.com/>

Hocking Hills: <http://www.hockinghills.com/>

Buckeye Lake: <https://buckeyelakevillage.com/>

4-5. Facts About Our Region

Fairfield Medical Center is the largest employer in Fairfield County

Breweries in Fairfield County: Double Edge Brewing Company, Outerbelt Brewing

Ohio University – Lancaster: <https://www.ohio.edu/lancaster/>

Approximately 30 minutes away from Columbus International Airport

Fairfield Medical Center also serves parts of Hocking, Pickaway, Perry & Licking counties



Local Area Schools

Ohio has 1.7 million students, in partnership with more than 240,000 educators across the state. The Ohio Department of Education dedicated to fulfilling the vision established Ohio's strategic plan for education. The vision is, "In Ohio, each child is challenged to discover and learn, prepared to pursue a fulfilling post-high school path and empowered to become a resilient, lifelong learner who contributes to society."



[Amanda Clearcreek Schools 740-969-7250 \(Amanda\)](#)
[Berne Union Schools 740-746-8341 \(Sugar Grove\)](#)
[Bloom Carroll Schools 740-756-9700 \(Carroll\)](#)
[Canal Winchester Schools 614-837-4533 \(Canal Winchester\)](#)
[Eastland-Fairfield Career & Technical Schools 614-836-4541 \(Groveport & Lancaster\)](#)
[Fairfield Christian Academy 740-654-2889 \(Lancaster\)](#)
[Fairfield Union Schools 740-536-7384 \(Rushville\)](#)
[Fisher Catholic High School 740-654-1231 \(Lancaster\)](#)
[Lancaster City Schools 740-687-7300 \(Lancaster\)](#)
[Liberty Union Schools 740-862-4171 \(Baltimore\)](#)
[Logan Hocking Local Schools 740-385-8517 \(Logan\)](#)
[New Lexington City Schools 740-342-4133 \(New Lexington\)](#)
[Northern Local Schools 740-743-1303 \(Thornville\)](#)
[Pickerington Schools 614-833-2110 \(Pickerington\)](#)
[Walnut Township 740-467-2802 \(Millersport\)](#)

Fairfield Medical 2025 Ad Campaigns: "You Never Know What Someone is Going Through" & "Patient Experience"

Commercial Series – click the picture to watch





Experience the Innovation

Jerry Uhl, cardiovascular patient: WATCHMAN procedure



WATCHMAN

Guarding Against Stroke

When Jerry Uhl, 73, was diagnosed with afib, he knew he was at an increased risk for stroke. Daily blood thinners helped to keep that fear at bay – until the medication began to drop his red blood cell count dangerously low. Jerry immediately met with his care team at Fairfield Healthcare Professionals Cardiology, who recommended he undergo a new treatment at Fairfield Medical Center called WATCHMAN. The procedure, which involves implanting a device in the area of the heart where nearly all afib-related blood clots form, is minimally invasive with a relatively short and painless recovery. Less than two months after undergoing the WATCHMAN procedure, Jerry is no longer on blood thinners – and is living life without fear of stroke. "I had the procedure on a Thursday, and I was back to work by Monday," Jerry said. "It was as quick and easy as you can expect a surgery to be."

MEET JERRY'S CARE TEAM

 John Lawrence, MD, PhD FACP Cardiology	 Michael Ruting, DO FACP Cardiology	 Megan Brown, CNP FNP Hematology/Oncology
 Caroline Bellinger WATCHMAN Coordinator FACP Cardiology	 Stephanie Harst WATCHMAN Coordinator FACP Cardiology	

From cardiovascular to cancer care, we have you covered. Learn more about our services at [fmchealth.org](https://www.fmchealth.org)



Fairfield Medical Center

Primary Care - 740-687-8886

FHP Family Medicine of Amanda

Amanda Clinic
P: 740-969-4828/F: 740-969-4818

FHP Family Medicine of Millersport

Whetstone Campus
P: 740-467-2787/F: 740-467-2450

FHP Internal Medicine

River View Medical Offices, Ste. 280
P: 740-689-4470/F: 740-808-8157

Internal Med. Residency Clinic

Medical Office Pavilion, Ste. 304
P: 740-687-8397/F: 740-654-4103

FHP Specialty Practices

Cardiology

P: 740-689-4480/F: 740-277-7692
Amanda Clinic
Logan Medical Arts, Side A
Millersport Clinic
New Lexington Clinic
River View Medical Offices, Ste. 200

Cardiothoracic Surgery

The Fairmore Center, Ste. 202
P: 740-681-9020/F: 740-681-9112

Gastroenterology

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1231 E. Main St.
Lancaster, OH 43130
P: 740-687-9182/F: 740-687-0278

Hematology/Oncology

Medical Office Pavilion, Ste. 304
P: 740-687-4505/F: 740-687-8629

Infectious Disease

Medical Office Pavilion, Ste. 302
P: 740-687-8805/F: 740-687-8803

(Specialty Cont'd)

Neurology

Medical Office Pavilion, Ste. 201
P: 740-687-8888/F: 740-687-8675

Obstetrics & Gynecology

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112 N. Ewing St.
Lancaster, OH 43130
P: 740-689-6690/F: 740-689-6698

Orthopedics and Physical Medicine & Rehabilitation

River Valley Campus, 2nd Floor
P: 740-689-4935/740-689-4889

Psychiatry & Health Psychology

16

131 N. Ewing St., Unit C
Lancaster, OH 43130
P: 740-689-6600/F: 740-689-6603

Pulmonology

P: 740-689-6833/F: 740-689-6827
Amanda Clinic
Logan Medical Arts, Side A
New Lexington Clinic
The Fairmore Center, Ste. 303

Radiation Oncology

Main Campus, South Entrance
P: 740-687-8550/F: 740-687-8959

Rheumatology

P: 740-689-6408/F: 740-689-6409
The Fairmore Center, Ste. 201

Sleep Medicine

Medical Office Pavilion, Ste. 204
P: 740-689-4925/F: 740-689-4885

Urology

The Fairmore Center, Ste. 203
P: 740-689-4945/F: 740-689-4882

Vascular Surgery

The Fairmore Center, Ste. 302
P: 740-687-6910/F: 740-689-9546

FMC Locations

See back for addresses and map locations

Physical Therapy Services

Outpatient Therapy Services

(OPTS)
1145 E. Main St.
Lancaster, OH 43130
P: 740-687-8602/F: 740-687-8857

OPTS at River Valley Campus

River Valley Campus, Floor 1
P: 740-687-2930/F: 740-687-2970

Urgent & Emergency Care

FMC Urgent Care

8

1155 E. Main St.
Lancaster, OH 43130
P: 740-687-2273/F: 740-687-9059

Fairfield Medical Center Emergency Department

Main Campus, North Entrance
401 N. Ewing St., Lancaster
Dial 911 for emergencies

River Valley Campus Emergency Department

River Valley Campus, ED Entrance
2384 N. Memorial Drive, Lancaster
Dial 911 for emergencies

Occupational Health

FMC Occupational Health

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1155 E. Main St.
Lancaster, OH 43130
P: 740-689-4404/F: 740-687-0447

Surgical

Fairfield Medical Center

Main Campus, South or Surgery Entrance

FHP General Surgery

Medical Office Pavilion, Ste. 305
P: 740-687-5437/F: 740-687-6330

River View Surgery Center

River View Medical Offices, Ste. 250
P: 740-654-6213/F: 740-654-3346

Diagnostic

Fairfield Medical Diagnostic

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Services at Main Street

1159 E. Main St.
Lancaster, OH 43130
Imaging P: 740-687-8444
Lab P: 740-687-8444

Fairfield Medical Diagnostic Services at River Valley Campus

River Valley Campus, 2nd Floor
Imaging P: 740-654-6312
Lab P: 740-681-7408

Fairfield Medical Diagnostic Services at New Lexington

New Lexington Clinic
Lab P: 740-343-4053

PET/CT Scans

Fairfield Medical Center
401 N. Ewing St. (first floor - Radiology)
Lancaster, OH 43130
Imaging P: 740-687-8666

Pre-Admissions Testing (PAT)

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1155 E. Main St.
Lancaster, OH 43130
Imaging P: 740-689-6680

Hospital Services

Fairfield Medical Center

Main Campus, South Entrance
P: 740-687-8000

Financial Services

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Main Campus, South Entrance
401 N. Ewing St., 1st Floor
Lancaster, OH 43130
P: 740-687-8025

Clinics/Services In-House

(See back)



Fairfield Medical Center

FMC Locations

Additional addresses not listed on front:

Amanda Clinic 1

5115 Amanda Northern Rd.
Amanda, OH 43102

Diley Ridge 2

7901 Diley Rd.
Canal Winchester, OH 43110

Fairfield Medical Center 3

Main Campus - 401 N. Ewing St.
Lancaster, OH 43130

The Fairmore Center 4

618 Pleasantville Rd.
Lancaster, OH 43130

FHP Cont. of Care Clinic 6

131 N. Ewing St.
Lancaster, OH 43130

Logan Medical Arts 7

819 St. Rt. 664 N.
Logan, OH 43138

Medical Office Pavilion 10

135 N. Ewing St.
Lancaster, OH 43130

Whetstone Clinic 11

12135 Lancaster St.
Millersport, OH 43046

New Lexington Clinic 12

771 Carroll St.
New Lexington, OH 43764

River Valley Campus 17

2384 N. Memorial Dr.
Lancaster, OH 43130

River View Med. Offices 18

2405 N. Columbus St.
Lancaster, OH 43130

In-House Clinics

Arrhythmia Clinic
Main Campus, 1st Floor
P: 740-687-8171

Cardiopulmonary Rehab

Main Campus, 2nd Floor
P: 740-687-8174

Chemo/Infusion

Medical Office Pavilion
P: 740-687-6900

Coumadin Clinic

Main Campus, 1st Floor
P: 740-687-8171

Endoscopy

Main Campus, 1st Floor
P: 740-681-7404

Heart Failure Clinic
River View, Ste. 200
P: 740-687-8173

Heartburn Clinic

Main Campus, 1st Floor
P: 740-689-6486

Mammography

River Valley Campus
P: 740-687-8666

Sleep Lab

Medical Office Pavilion
P: 740-689-6390

Stress Lab

Main Campus, 1st Floor
P: 740-687-8170

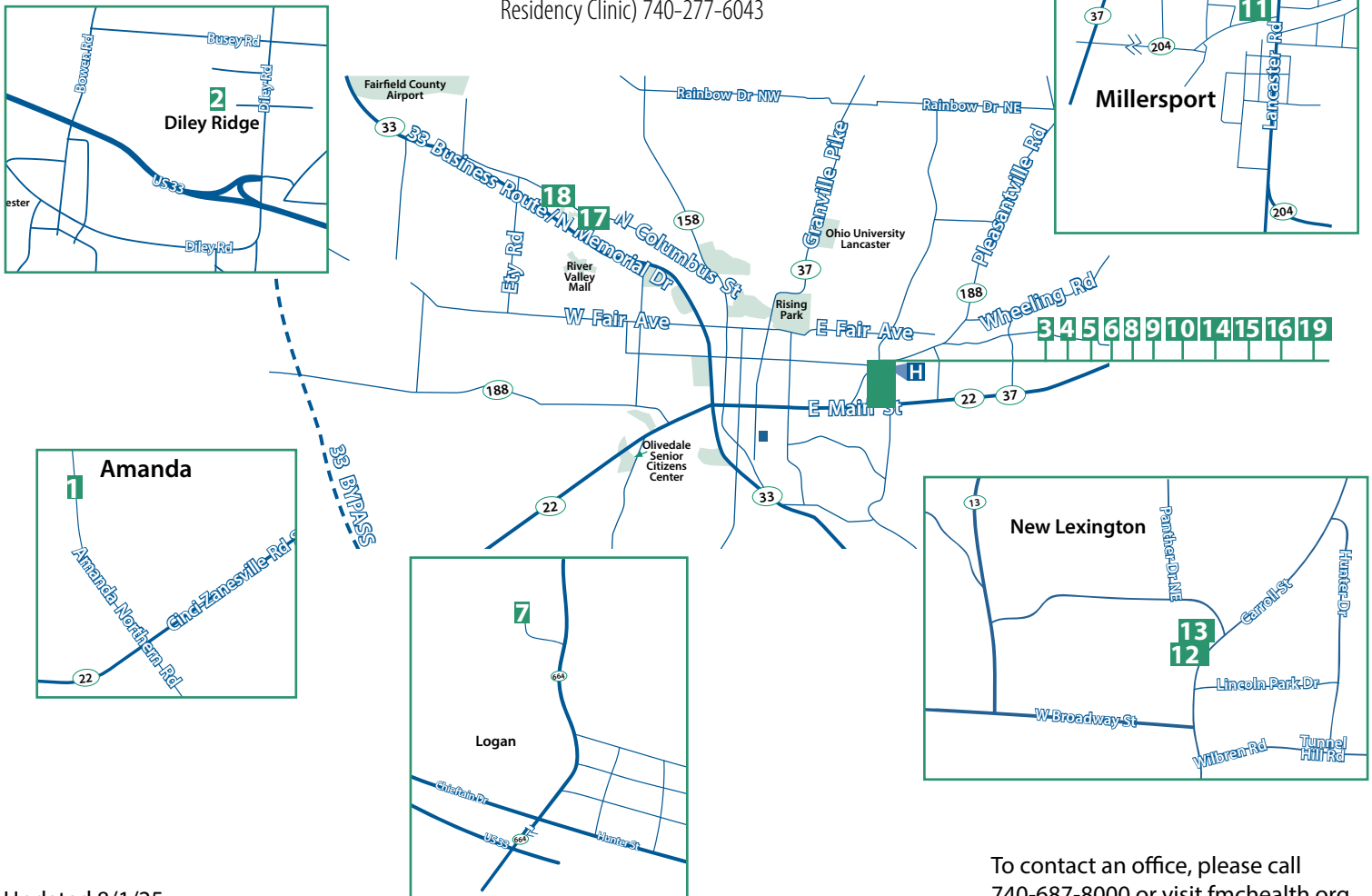
Wound Clinic

The Fairmore, Ste. 304

Fairfield Community Health Center

(Not affiliated with Fairfield Medical Center)

■ 220 S. Walnut St., Lancaster, OH 43130 (Family Medicine
Residency Clinic) 740-277-6043



Updated 8/1/25

To contact an office, please call
740-687-8000 or visit fmchealth.org



Fairfield Medical Center

FAMILY MEDICINE RESIDENTS 2025-2026



Teju Bolineni, DO
Co-Chief, Year Three Resident



Rachel Conaway, DO
Co-Chief, Year Three Resident



Jamil Alkhalaf, MD
Year Three Resident



Ramisha Khan, DO
Year Two Resident



Katherine Nordstrom, DO
Year Two Resident



John Price, MD
Year Two Resident



Tony Yao, DO
Year Two Resident



Rose Arslanian, MD
Year One Resident



Blake Bilinovich, DO
Year One Resident



Nikolas Brzezinski, MD
Year One Resident



George Carancho, DO
Year One Resident



Theresa Dyar, DO
Family Medicine Residency
Program Director



Cynthia McGowan, DO
Family Medicine Residency
Assistant Program Director &
Director of Osteopathic
Education

Fairfield Medical Center - Family Medicine Residency Program

3-Year Block Diagram

PGY-1

Block	1	2	3	4	5	6	7	8	9	10	11	12	13
Institution	Institution 1	Institution 1	Institution 1	Institution 1	Institution 1	Institution 1, 1	Institution 4	Institution 1	Institution 1	Institution 7	Institution 1	Institution 1	Institution 2
Rotation	Wards Days	Wards Days	Wards Days	General Surg	Women's Health: L&D	Radiology/ Specialty	Orthopedics	ER	ICU	Outpatient Peds	Specialty	Specialty	Peds Ward
% Outpatient	0	0	0	variable	0	100 / variable	50	0	0	100	variable	variable	0
Osteopathic Education	*	*	*				*	*			variable	variable	
Osteopathic Clinic	#	#	#	#	#	#	#	#	#	#	#	#	#
Osteopathic	+	+	+	+	+	+	+	+	+	+	+	+	+

PGY-2

Block	1	2	3	4	5	6	7	8	9	10	11	12	13
Institution	Institution 1	Institution 1	Institution 1	Institution 1	Institution 6, 7	Institution 1	Institution 1	Institution 1	Institution 1	Institution 1	Institution 7	Institution 1	Institution 2
Rotation	Wards Days	Wards Days	Sports Med	Rheumatology	CRFE/Practice Mgmt	Psychiatry	Specialty	Specialty	Specialty	Specialty	Outpatient Peds	Women's Health Prenatal/ Postpartum	Peds ER
% Outpatient	0	0	100	100	100	100	variable	variable	variable	variable	100	0	0
Osteopathic Education	*	*	variable	variable		variable	variable	variable	variable	variable			
Osteopathic Clinic	#	#	#	#	#	#	#	#	#	#	#	#	#
Osteopathic didactics	+	+	+	+	+	+	+	+	+	+	+	+	+

PGY-3

Block	1	2	3	4	5	6	7	8	9	10	11	12	13
Institution	Institution 1	Institution 1	Institution 1	Institution 6	Institution 1	Institution 1	Institution 1	Institution 1	Institution 8	Institution 1	Institution 1	Institution 3, 5	Institution 1
Rotation	Wards Days	Wards Days	ER	Geriatrics	Specialty	Specialty	Specialty	Specialty	Women's Comprehensive Health Center	Specialty	Specialty	Plastics/ Dermatology	Specialty
% Outpatient	0	0	0	100	variable	variable	variable	variable	100	variable	variable	100	variable
Osteopathic Education	*	*	*	*	variable	variable	variable	variable		variable	variable		variable
Osteopathic Clinic	#	#	#	#	#	#	#	#	#	#	#	#	#
Osteopathic didactics	+	+	+	+	+	+	+	+	+	+	+	+	+

Block Rotation Schedule Key:

*All PGY - years consist of 13 four-week blocks.

Osteopathic Recognition documented as follows:

* - Osteopathic education/ experience

- Osteopathic clinic

+ - Osteopathic didactics/labs

Specialty rotations can consist of one of the areas listed below, depending on the interest or perceived need of the resident. Rotations are clinical in nature, therefore there is no scheduled research time.

* Anesthesiology
* Cardiology
* Cardiothoracic Surgery
* Dermatology
* Diagnostic Radiology
* ENT
* Endocrinology
* Family Medicine OP
* Gastroenterology
* Hematology/Oncology
* Hospice & Palliative Care
* Infectious Disease
* Radiology/ Interventional Radiology
* Nephrology
* Pain Management/ PM&R
* Pathology
* Outpatient Peds
* Plastic Surgery
* Podiatry
* Psychiatry
* Pulmonology
* Sleep Medicine
* Urgent Care
* Vascular Surgery
* Wards Nights
* Well-baby/ Pediatric Hospitalist Elective
* Wound Clinic

		Year 1	Year 2	Year 3
Institution 1	Fairfield Medical Center	10	10	10
Institution 2	Nationwide Children's Hospital	1	1	0
Institution 3	Barrett & Geiss Dermatology	0	0	0.5
Institution 4	Ohio Orthopedic Center	1	0	0
Institution 5	Ohio Plastic Surgery	0	0	0.5
Institution 6	Arbor View Family Medicine	0	0.5	1
Institution 7	Fairfield Community Health Center	1	1.5	0
Institution 8	Women's Comprehensive Health Center	0	0	1
TOTALS		13	13	13

FM Didactics Schedule 2025-2026

	12:00-1:00	1:00-2:00	2:00-3:00	3:00-4:00	4:00-5:00
Week 1	Combined Lecture	Case Presentation	FM: SIM Lab IM: OMM Rounds	IM: SIM Lab FM: OMM Rounds	PGY1: Pocus Didactics PGY2: NEJM/Board Review
Week 2	Combined Lecture	OMM Lecture/Table Time	OPP Lecture/Table Time	Symposium	Symposium
Week 3	Combined Lecture	OMM Journal Club	M&M	Research	PGY1:POCUS Hands-on PGY2&3: Board Review
Week 4	FM: FCHC Meeting IM: Pharmacy Lecture	FM: Balint/Practice ISE IM: MKSAP/PD Updates	FM: Milestones/Journal Club/Portfolio/PD Updates IM: SIM Lab	FM: Milestones/ Board Review/Book Club/Practice ISE IM: Research	FM: AFMRD/Practice ISE IM: Journal Club
Week 5	Wellness	Wellness	Wellness	Wellness	Wellness

Didactics are scheduled as far in advance as possible, with all resident lectures assigned at the beginning of the Academic year. Each resident must present at least one Case Presentation, resident-led presentation, journal club & OMM Journal article annually. Current curriculum we utilize for resident led presentations include Challenger-Med & New England Journal of Medicine (NEJM). Subscriptions are provided by GME for three years of residency. Quarterly, we have resident wellness and department team-building largely determined by resident ideas and suggestions.

Subspecialty Rotations Available For Family Medicine Residents

Anesthesiology

Cardiology

Cardiothoracic Surgery

Critical Care

Dermatology

Diagnostic Radiology

Emergency Medicine

Endocrinology

Family Medicine

General Surgery

Hematology

Hospice & Palliative Care

Infectious Disease

Internal Medicine

Interventional Radiology

Neurology

Obstetrics & Gynecology

Oncology

Orthopedic Surgery

Otorhinolaryngology

Pathology

Pediatrics

Physical Medicine &

Rehabilitation

Plastic Surgery

Podiatry

Psychiatry

Pulmonology

Rheumatology

Sleep Medicine

Urology

Vascular Surgery

Policies & Procedures

These policies & contracts are available through the FMC website at the links below. Hard copies can be printed upon request.

[FMC Graduate Medical Education PGY-1 Contract](#)

[Minimum Requirements for Residency Program](#)

[Employee Health Screenings](#)

[Employment Policy/Post-Offer Requirements](#)

[Family Medicine CORE Block Schedule](#)

[Family Medicine Resident Time Off Procedures](#)

[Pre-employment Testing for Drug Free Workplace](#)

[Sponsoring Institution \(SI\) Time Off Procedures](#)

[American Osteopathic Board of Family Physicians](#)

[American Board of Family Medicine](#)



Fairfield
Medical Center

For additional information:

Family Medicine

Residency Program

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