

Graduate Medical Education

Internal Medicine Booklet



Internal Medicine Residency Program 740-687-8949

<u>GradMedEd@fmchealth.org</u> <u>www.fmchealth.org/careers/gme/</u>

ACGME #1403800535 NRMP #2208140C0

Welcome to Graduate Medical Education at Fairfield Medical Center

Fairfield Medical Center is a vibrant 222-bed healthcare organization focused on providing exceptional experiences to everyone it serves. We are in a great location, approximately 30 miles southeast of Columbus and approximately 30 miles northeast of the scenic Hocking Hills area. Drawing on a multiple county market area, the medical center has a diverse patient demographic that is optimal for residency training. Our Graduate Medical Education Resource Center provides a dedicated area for residents and students to train. The center includes lecture and study facilities, sophisticated audio, visual and video conference technology, osteopathic manipulative therapy, and other hands-on learning directed by FMC physician instructors.

FMC offers primary care residency programs in Family and Internal Medicine. Family Medicine and Internal Medicine are currently ACGME accredited, which means that residents graduating from our programs will be eligible for ACGME fellowships and their specialty board certification exams. FMC maintains a strong training affiliation with Ohio University Heritage College of Osteopathic Medicine and participates in the statewide Clinical Divisions that promote collaboration among multiple OUHCOM affiliated residency programs. Originally accredited by the American Osteopathic Association, our Family Medicine Residency Program began in 2010 and our Internal Medicine Residency Program in 2012. Both programs have achieved continued accreditation, as well as continued Osteopathic Recognition under ACGME and maintain a continued commitment to training osteopathic principles and practice.

We encourage those seeking balanced education opportunities in medicine to explore the opportunities at FMC. Our program provides informative community and clinical experiences for first and second year medical students and excellent hands-on clinical and didactic training for third year and fourth year medical students. Our osteopathic-focused residency training programs offer minimal competition for procedural exposure and a breadth of encountered pathology to provide relevant practical training experience. We have an exceptional teaching staff committed to providing not only the best in patient care, but also outstanding learning opportunities in an environment with a comprehensive curriculum. Our faculty and staff offer a wealth of pertinent and up-to-date information during rotations, lectures, OMM and SIM training sessions and in-clinic settings. As newer programs, our Family Medicine and Internal Medicine Residencies provide unique opportunities for physician trainees who want to help cultivate their clinical education experience. Innovative curricula and resources, such as new state-of-the-art skills labs, support our education programs. With engaged faculty members and low physician-to-resident ratios, trainees will gain a valuable hands-on learning experience and be better prepared for their board certification exams upon completion of their residency at FMC.

FMC is known throughout Central Ohio for offering a wide variety of educational opportunities. We are an excellent place to further your training in medicine.

Resident Salary & Benefits

Salary

PGY 1 - \$65,500 PGY 2 - \$68,000 PGY 3 - \$70,000

Benefit Plans

Hospital will provide to, or for the benefit of, Resident, and Resident's eligible dependents, the following benefits during the Term/Extended Term of this Agreement:

Participation in the retirement, welfare benefit, and other plans including health, vision, dental, life, and disability insurance made available to the employees of Hospital on the same terms as such other employees participate as detailed in the Hospital's Employee Benefit Guide - a copy of which will be provided to Resident at the time of Hospital orientation.

Lab Coat

Program will provide two (2) lab coats to the Resident.

Parking

Parking is provided to Resident free of charge in the parking garage.

Resident Responsibility

Required conference (one in three years)
Procure laptop & phone (must meet FMC IT requirements)
Osteopathic Medicine for All Course (All allopathic residents)

Provided by GME

Training certificate – Once
State of Ohio medical license – Once
NEJM Knowledge+ – Annual
MKSAP/ACP (IM residents) – Annual
COMLEX III – Once
Challenger – Annual
Board Exam – Once
OMT Board Certification – Once
AOA membership (DOs) – Annual

AMA membership (MDs) - Annual
NCH jacket (FM PGYl only) - Once
OMM Board review (PGY3 FM only) - Once
AAFP membership (FM) - Annual
Epocrates - Annual
Up-to-date - Annual
Critical Care conference (IM Interns) - Once
POCUS Curriculum Fee
AFMRD (FM residents) - Annual



Fairfield Medical Center, founded in 1916, provides primary and emergent care to local residents. FMC has been expanding its off-campus footprint, with additional locations in Millersport, Amanda, New Lexington, Canal Winchester and Logan. In addition, its River Valley Campus opened in 2019 offering sports medicine and other out patient services.





Glass City

The home of the Fortune 500 company Anchor Hocking was once a bustling center of industry and employment. At its peak following World War II, Lancaster's hometown company was the world's largest maker of glassware and employed more than 5,000 town residents.





Destination Downtown Lancaster

Downtown Lancaster has a variety of events that bring community and visitors together to celebrate in the beautiful historic district. Whether you are inspired by art, theater, music, or the changing of seasons and the holidays that go with them, downtown Lancaster has a bit of everything!





Fairfield County

With 182,898 people, Fairfield County is the 19th most populated county in Ohio. White-collar workers make up 78,19% of the working population, while blue-collar employees account for 21.81%. Of the workforce, ther are 8.01% employeed as entrepreneurs, 67,29% employed as entrepreneurs companies, and 16,72% working in governmental institutions.





Lancaster, Ohio Population

Lancaster has a population of 4).Ill. It is also the county seat of Foirfield County. Lancaster is currently growing at a rate of 0.43% annually and its population has increased by 1.28% since the most recent census, which recorded a population of 40.599 in 2020.



1. Fairfield Medical Center

https://www.fmchealth.org/

Graduate Medical Education

https://www.fmchealth.org/careers/gme/

FMC The Monitor Publication

https://www.fmchealth.org/the-monitor/

Fairfield Medical Center Awards

https://www.fmchealth.org/about-us/awards-honors/

Fairfield Community Health Center:

Family Medicine Clinic New Building Design:

https://www.fairfieldchc.org/the-south-school-project/

2-3. Local Attractions

Visit Fairfield County: https://visitfairfieldcounty.org/

Lancaster-Fairfield County Chamber of Commerce: https://www.lancoc.org/

Destination Downtown Lancaster: https://www.destinationdowntownlancaster.com/

Hocking Hills: http://www.hockinghills.com/
Buckeye Lake: https://buckeyelakevillage.com/

4-5. Facts About Our Region

Fairfield Medical Center is the largest employer in Fairfield County
Breweries in Fairfield County: Double Edge Brewing Company, Outerbelt Brewing
Ohio University – Lancaster: https://www.ohio.edu/lancaster/
Approximately 30 minutes away from Columbus International Airport

Fairfield Medical Center also serves parts of Hocking, Pickaway, Perry & Licking counties



Amanda Clearcreek Schools 740-969-7250 (Amanda) Berne Union Schools 740-746-8341 (Sugar Grove) Bloom Carroll Schools 740-756-9700 (Carroll) Canal Winchester Schools 614-837-4533 (Canal Winchester) Eastland-Fairfield Career & Technical Schools 614-836-4541 (Groveport & Lancaster) Fairfield Christian Academy 740-654-2889 (Lancaster) Fairfield Union Schools 740-536-7384 (Rushville) Fisher Catholic High School 740-654-1231 (Lancaster) Lancaster City Schools 740-687-7300 (Lancaster) Liberty Union Schools 740-862-4171 (Baltimore) Logan Hocking Local Schools 740-385-8517 (Logan) New Lexington City Schools 740-342-4133 (New Lexington) Northern Local Schools 740-743-1303 (Thornville) Pickerington Schools 614-833-2110 (Pickerington) Walnut Township 740-467-2802 (Millersport)

Fairfield Medical 2025 Ad Campaigns: "You Never Know What Someone is Going Through" & "Patient Experience"

Commercial Series - click the picture to watch





Primary Care - 740-687-8886

FHP Family Medicine of Amanda

Amanda Clinic

P: 740-969-4828/F: 740-969-4818

FHP Family Medicine of Millersport

Whetstone Campus

P: 740-467-2787/F: 740-467-2450

FHP Internal Medicine

River View Medical Offices, Ste. 280 P: 740-689-4470/F: 740-808-8157

Internal Med. Residency Clinic

Medical Office Pavilion, Ste. 304 P: 740-687-8397/F: 740-654-4103

FHP Specialty Practices

Cardiology

P: 740-689-4480/F: 740-277-7692 Amanda Clinic Logan Medical Arts, Side A Millersport Clinic New Lexington Clinic River View Medical Offices, Ste. 200

Cardiothoracic Surgery

The Fairmore Center, Ste. 202 P: 740-681-9020/F: 740-681-9112

Gastroenterology

1231 E. Main St. Lancaster, OH 43130 P: 740-687-9182/F: 740-687-0278

Hematology/Oncology

Medical Office Pavilion, Ste. 304 P: 740-687-4505/F: 740-687-8629

Infectious Disease

Medical Office Pavilion, Ste. 302 P: 740-687-8805/F: 740-687-8803

(Specialty Cont'd)

Neurology

Medical Office Pavilion, Ste. 201 P: 740-687-8888/F: 740-687-8675

Obstetrics & Gynecology

112 N. Ewing St. Lancaster, OH 43130

P: 740-689-6690/F: 740-689-6698

Orthopedics and Physical Medicine & Rehabilitation

River Valley Campus, 2nd Floor P: 740-689-4935/740-689-4889

Psychiatry & Health Psychology 16

131 N. Ewing St., Unit C Lancaster, OH 43130 P: 740-689-6600/F: 740-689-6603

Pulmonology

P: 740-689-6833/F: 740-689-6827 Amanda Clinic Logan Medical Arts, Side A New Lexington Clinic The Fairmore Center, Ste. 303

Radiation Oncology

Main Campus, South Entrance P: 740-687-8550/F: 740-687-8959

Rheumatology

P: 740-689-6408/F: 740-689-6409 The Fairmore Center, Ste. 201

Sleep Medicine

Medical Office Pavilion, Ste. 204 P: 740-689-4925/F: 740-689-4885

Urology

The Fairmore Center, Ste. 203 P: 740-689-4945/F: 740-689-4882

Vascular Surgery

The Fairmore Center, Ste. 302 P: 740-687-6910/F: 740-689-9546

Physical Therapy Services

Outpatient Therapy Services 15 (OPTS)

1143 E. Main St. Lancaster, OH 43130 P: 740-687-8602/F: 740-687-8857

OPTS at River Valley Campus

River Valley Campus, Floor 1 P: 740-687-2930/F: 740-687-2970

Urgent & Emergency Care

FMC Urgent Care

1155 E. Main St. Lancaster, OH 43130 P: 740-687-2273/F: 740-687-9059

Fairfield Medical Center Emergency Department

Main Campus, North Entrance 401 N. Ewing St., Lancaster

Dial 911 for emergencies

River Valley Campus Emergency Department

River Valley Campus, ED Entrance 2384 N. Memorial Drive, Lancaster *Dial 911 for emergencies*

Occupational Health

FMC Occupational Health

1155 E. Main St. Lancaster, OH 43130 P: 740-689-4404/F: 740-687-0447

Surgical

Fairfield Medical Center

Main Campus, South or Surgery Entrance

FHP General Surgery

Medical Office Pavilion, Ste. 305 P: 740-687-5437/F: 740-687-6330

River View Surgery Center

River View Medical Offices, Ste. 250 P: 740-654-6213/F: 740-654-3346

Diagnostic

Fairfield Medical Diagnostic 9

Services at Main Street

1159 E. Main St. Lancaster, OH 43130 Imaging P: 740-687-8444 Lab P: 740-687-8444

Fairfield Medical Diagnostic Services at River Valley Campus

River Valley Campus, 2nd Floor Imaging P: 740-654-6312 Lab P: 740-681-7408

Fairfield Medical Diagnostic Services at New Lexington

New Lexington Clinic Lab P: 740-343-4053

PET/CT Scans

Fairfield Medical Center 401 N. Ewing St. (first floor – Radiology) Lancaster, OH 43130 Imaging P: 740-687-8666

Pre-Admissions Testing (PAT)

1155 E. Main St. Lancaster, OH 43130 Imaging P: 740-689-6680

Hospital Services

Fairfield Medical Center

Main Campus, South Entrance P: 740-687-8000

Financial Services

Main Campus, South Entrance 401 N. Ewing St., 1st Floor Lancaster, OH 43130 P: 740-687-8025

Clinics/Services In-House

(See back)



FMC Locations

Additional addresses not listed on front:

Amanda Clinic

5115 Amanda Northern Rd. Amanda, OH 43102

Diley Ridge

7901 Diley Rd. Canal Winchester, OH 43110

Fairfield Medical Center 3

Main Campus - 401 N. Ewing St. Lancaster, OH 43130

The Fairmore Center 4

618 Pleasantville Rd. Lancaster, OH 43130

Updated 8/1/25

FHP Cont. of Care Clinic 6

131 N. Ewing St. Lancaster, OH 43130

Logan Medical Arts

819 St. Rt. 664 N. Logan, OH 43138

Medical Office Pavilion 10

135 N. Ewing St. Lancaster, OH 43130

Whetstone Clinic

12135 Lancaster St. Millersport, OH 43046

New Lexington Clinic

771 Carroll St. New Lexington, OH 43764

River Valley Campus

2384 N. Memorial Dr. Lancaster, OH 43130

River View Med. Offices 18

2405 N. Columbus St. Lancaster, OH 43130

In-House Clinics

Arrhythmia Clinic

Main Campus, 1st Floor P: 740-687-8171

Cardiopulmonary Rehab

Main Campus, 2nd Floor P: 740-687-8174

Chemo/Infusion

Medical Office Pavilion P: 740-687-6900

Coumadin Clinic

Main Campus, 1st Floor P: 740-687-8171

Endoscopy

Main Campus, 1st Floor P: 740-681-7404

Heart Failure Clinic

River View, Ste. 200 P: 740-687-8173

Heartburn Clinic

Main Campus, 1st Floor P: 740-689-6486

Mammography

River Valley Campus P: 740-687-8666

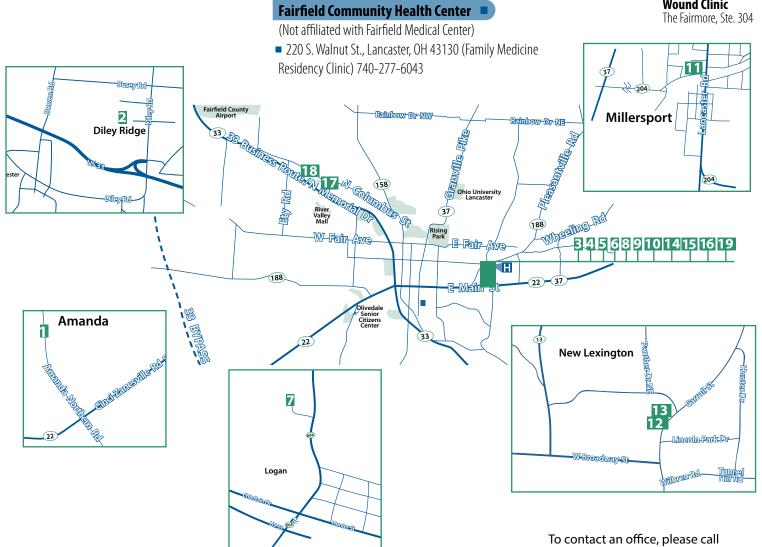
Sleep Lab

Medical Office Pavilion P: 740-689-6390

Stress Lab

Main Campus, 1st Floor P: 740-687-8170

Wound Clinic



740-687-8000 or visit fmchealth.org

INTERNAL MEDICINE RESIDENTS 2025-2026



JJ Jones, DO Co-Chief, Year Three Resident



Kristen Shah King, DO Co-Chief, Year Three Resident



Moe Israr, MD
Year Three Resident



Tyler Worthington, DO
Year Three Resident



Jesse Kanavel, DO Year Two Resident



David Kimball, DO Year Two Resident



Steven Nguy, DO Year Two Resident



Andrea Quach, DO Year Two Resident



Charles Casa, DO Year One Resident



Jessica Khemani, DO Year One Resident



Negin Meshkati, DO Year One Resident



Hiren Patel, DO
Year One Resident



Irving Rosenberg, MD Internal Medicine Residency Program Director



Robert Zee, DO, FACOI Internal Medicine Residency Assistant Program Director



Cynthia McGowan, DO Director of Osteopathic Education

Fairfield Medical Center - Internal Medicine Residency Program

Block Diagram PGY-1

3 Year Block Diagram

Block	1	2	3	4	5	6	7	8	9	10	11	12	13
Site	Site 1	Site 1	Site 1	Site 1	Site 1	Site 1	Site 1	Site 1	Site 1	Site 1	Site 3	Site 4	
Rotation Name	Wards Days	Wards Days	Wards Days	Critical Care	Pulm	Emergeny Medicine	Specialty	Specialty	Specialty	Specialty	Specialty	Specialty	Elective
% Outpatient	0	0	0	0	10	0	10	0	10	10	100	100	Variable
% Research	0	0	0	0	0	0	0	0	0	0	0	0	0
Osteopathic Education	*	*	*	*	*	*	*	*	*	*	*	*	Variable
Osteopathic Clinic	#	#	#		#	#	#	#	#	#	#	#	#
Osteopathic Didactics	+	+	+	+	+	+	+	+	+	+	+	+	+

Block Diagram PGY-2

Block	1	2	3	4	5	6	7	8	9	10	11	12	13
Site	Site 1	Site 1	Site 1	Site 1	Site 1	Site 1	Site 1	Site 1	Site 1	Site 1	Site 5		
Rotation Name	Wards Days	Wards Days	Wards Days	Critical Care	Pulm	Geriatrics	Neuro	Specialty	Specialty	Specialty	Specialty	Elective	Elective
% Outpatient	0	0	0	0	10	100	50	100	10	10	100	Variable	Variable
% Research	0	0	0	0	0	0	0	0	0	0	0	0	0
Osteopathic Education	*	*	*	*	*	*	*	*	*	*	*	Variable	Variable
Osteopathic Clinic	#	#	#		#	#	#	#	#	#	#	#	#
Osteopathic Didactics	+	+	+	+	+	+	+	+	+	+	+	+	+

Block Diagram PGY-3

Block	1	2	3	4	5	6	7	8	9	10	11	12	13
Site	Site 1	Site 1	Site 1	Site 1	Site 1	Site 1	Site 1	Site 1	Site 2	Site 5			
Rotation Name	Wards Days	Critical Care	Pulm	Neuro	HemOnc/ Palliative	Specialty	Specialty	Specialty	Specialty	Specialty	Elective	Elective	Elective
% Outpatient	0	0	10	50	10	10	10	0	100	100	100	Variable	Variable
% Research	0	0	0	0	0	0	0	0	0	0	0	0	0
Osteopathic Education	*	*	*	*	*	*	*	*	*	*	Variable	Variable	Variable
Osteopathic Clinic	#		#	#	#	#	#	#	#	#	#	#	#
Osteopathic Didactics	+	+	+	+	+	+	+	+	+	+	+	+	+

- Block Rotation Schedule Key:

All block diagram PGY - years consist of 13 four-week blocks.

Site 1 - Fairfield Medical Center

Site 2 - Infectious Disease Consultants

Site 3 - Endocrinology Associates, Inc. Site 4 - Arbor View Family Medicine, Inc

Site 5 - Licking Memorial Health Systems

- Osteopathic Experiences:

* Osteopathic education/experience

Osteopathic clinic

+ Osteopathic didactics lab

- Clarifying Notes:

~ Residents have the option to do an elective away rotation during their PGY-2 or PGY-3 year, with Program Director approval, that could count towards an outpatient experience. The 'variable' of outpatient percent in the outpatient experience section will be dependent on the elective chosen ~ In accordance with our Internal Medicine PTO Policy, last revised 7/26/24:

Paid time off (PTO) may be taken throughout the academic year and is any scheduled, planned or pre-approved PTO requested in advance by each resident, equaling five days of weekly consecutive PTO. These vacation periods may not accumulate from one academic period to another. Annual vacations must be taken the year of service for which the vacation is granted. No vacation periods may be concurrent and the resident does not have the option of reducing the total time required for residency by relinquishing vacation time

- All residents receive a total of twenty days of PTO per academic year. Fifteen days are scheduled at the start of an academic year. leaving five days for emergency, illness and/or calamity PTO days

- All requests for PTO will be approved or denied at the discretion of the Program Director

- Specialty Rotations are any of the below rotations, completed by the residents at the respective designated site to fulfill the ACGME requirement of 10 months inpatient and 10 months outpatient.

- Critical Care

- Outpatient General Internal Medicine

- Emergency Medicine

- Hematology Oncology/Palliative - Infectious Disease

- Pulmonology - Rheumatology

- Endocrinology

- Interventional & General Radiology

- Wards Davs

- Gastroenterology - Nephrology - General Surgery - Neurology

- Women's Health

- Elective rotations can include the following, depending on the interests of the resident and can be completed outside Fairfield Medical Center. - Hepatology

- Addiction Medicine

- Allergy & Immunology

- Hospice & Palliative Care - Anesthesiology - Infectious Disease - Cardiology - Interventional & General Radiology

- Critical Care - Nephrology - Dermatology - Neurology - Emergency Medicine - Ophthalmology

- Endocrinology - Otolaryngology - Gastroenterology - Orthopedics

- General Surgery - Hematology Oncology - Physical Medicine & Rehabilitation

- Psychiatry - Pulmonology - Rheumatology - Sleep Medicine - Sports Medicine

- Urology

- Vascular Disease & Vascular Surgery

- Wards Days - Outpatient General Internal Medicine - Wards Nights - Pain Management -Women's Health

	12:00-1:00	1:00-2:00	2:00-3:00	3:00-4:00	4:00-5:00
Week 1	Combined Lecture	Case Presentation	FM: SIM Lab IM: OMM Rounds	IM: SIM Lab FM: OMM Rounds	PGY1: Pocus Didactics PGY2: NEJM/Board Review
Week 2	Combined Lecture	OMM Lecture/Table Time	OPP Lecture/Table Time	Symposium	Symposium
Week 3	Combined Lecture	OMM Journal Club	M&M	Research	PGY1:POCUS Hands-on PGY2&3: Board Review
Week 4	FM: FCHC Meeting IM: Pharmacy Lecture	FM: Balint/Practice ISE IM: MKSAP/PD Updates	FM: Milestones/Journal Club/Portfolio/PD Updates IM: SIM Lab	FM: Milestones/ Board Review/Book Club/Practice ISE IM: Research	FM: AFMRD/Practice ISE IM: Journal Club
Week 5	Wellness	Wellness	Wellness	Wellness	Wellness

IM Didactics Schedule 2025-2026

Didactics are scheduled as far in advance as possible, with all resident lectures assigned at the beginning of the Academic year. Each resident must present at least one Case Presentation, resident-led presentation, journal club & OMM Journal article annually. Current curriculum we utilize for resident led presentations include Challenger-Med & New England Journal of Medicine (NEJM). Subscriptions are provided by GME for three years of residency. Quarterly, we have resident wellness and department team-building largely determined by resident ideas and suggestions.

Elective Rotations Available For Internal Medicine Residents

Elective rotations can include the following, depending on the interests of the resident and can be completed outside Fairfield Medical Center.

Addiction Medicine

Allergy & Immunology

Anesthesiology

Cardiology

Critical Care

Dermatology

Emergency Medicine

Endocrinology

Gastroenterology

General Surgery

Geriatrics

Hematology Oncology

Hepatology

Hospice & Palliative Care

Infectious Disease

Interventional & General

Radiology

Nephrology

Neurology

Ophthalmology

Orthopedics

Otorhinolaryngology

Outpatient General Internal

Medicine

Pain Management

Physical Medicine &

Rehabilitation

Psychiatry

Pulmonology

Rheumatology

Sleep Medicine

Sports Medicine

Urology

Vascular Disease

Vascular Surgery

Wards Days & Nights

Women's Health

Policies & Procedures

These policies & contracts are available through the FMC website at the links below. Hard copies can be printed upon request.

FMC Graduate Medical Education PGY-1 Contract

Minimum Requirements for Residency Program

Employee Health Screenings

Employment Policy/Post-Offer Requirements

Internal Medicine CORE Block Schedule

<u>Internal Medicine Resident Time Off Procedures</u>

<u>Pre-employment Testing for Drug Free Workplace</u>

Sponsoring Institution (SI) Time Off Procedures

ABIM Policies

<u>American Osteopathic Board of Internal Medicine</u>



For additional information:

Internal Medicine
Residency Program
740-687-8949
GradMedEd@fmchealth.org
www.fmchealth.org/careers/gme/

ACGME #1403800535 NRMP #2208140C0

