# Screening and Management of Aortic Aneurysmal Disease

By:

Joshua N. Hernandez, MD FMC Vascular Surgery

## Types of Aortic Aneurysms

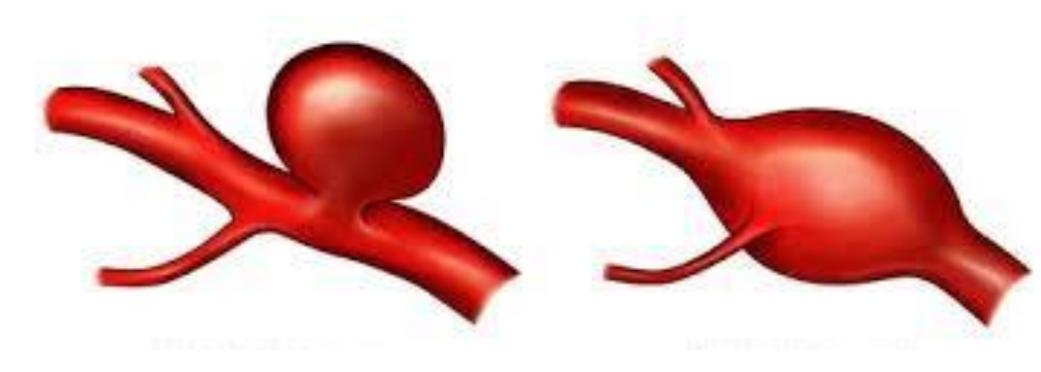
#### Aneurysm vs Ectasia

#### By Morphology

- Saccular
- Fusiform

#### By Pathology

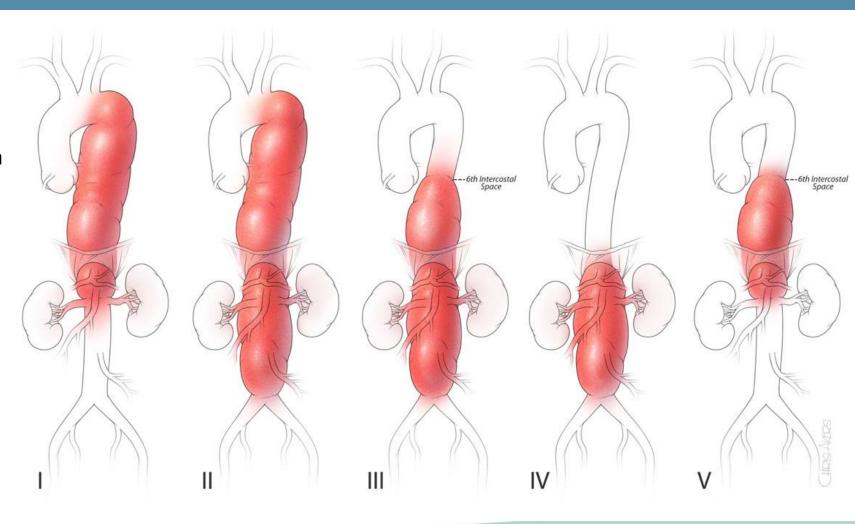
- Degenerative
- Inflammatory
- Infectious
- Chronic Dissection
- Congenital
- Pseudoaneurysm



## Types of Aortic Aneurysms

#### By Location

- Ascending Thoracic Aortic Aneurysm
- Aortic Arch Aneurysm
- Descending Thoracic Aortic Aneurysm
- Abdominal Aortic Aneurysm
  - Suprarenal
  - Pararenal
  - Juxtarenal
  - Infrarenal
- Thoracoabdominal Aortic Aneurysm
  - Crawford Classification



## **Associated Aneurysms**

- Iliac Aneurysm
- Femoral Aneurysm
- Popliteal Aneurysm



## Risk Factors, Prognosis, Surveillance, & Screening

#### **Formation & Growth**

- Age
- Male
- Smoking Hx\*
- Family Hx
- Fluoroquinolones
- Low B6 levels

#### Rupture

- Size
- Growth rate
- Smoking
- HTN
- COPD
- Female
- Saccular morphology
- Diabetes (especially T1DM) is protective

#### **Risk of Rupture (annual):**

- 3-5.4cm ~2%
- 5.5-6cm ~5% (<risk of repair)</li>
- 6.1-7cm 5-10%
- >7cm >10%

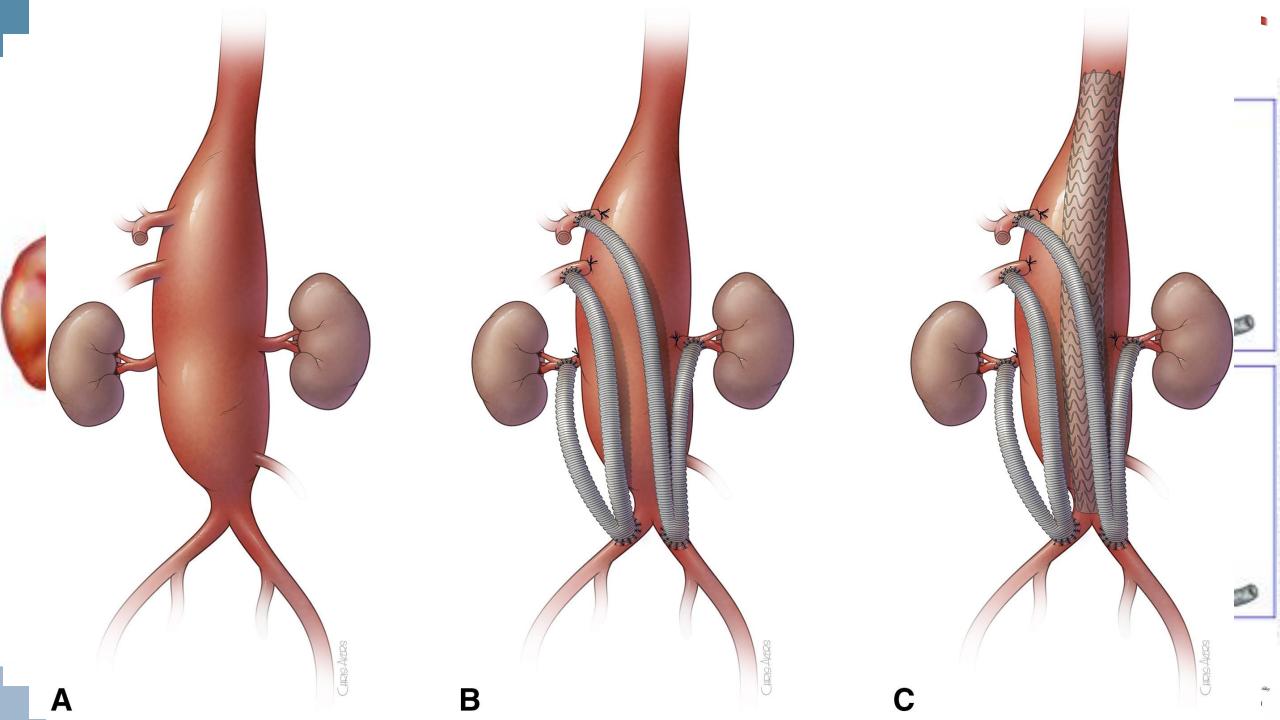
Risk of rupture far exceeds risk of thromboembolic complications. 6% of all AAA present as rupture.

#### **Surveillance:**

- 2.5-3cm Q10yr
- 3.-3.9cm Q3yr
- 4-4.9cm Q1yr
- 5-5.4cm Q6mo

Aortic Duplex; CTA once 5+ cm for operative planning.

Screening: (SVS) 65-75yo w/any Hx of tobacco use



## IBE

Preserve flow through Hypogastric A.

Prevent Pelvic Ischemia



## TBE

Avoid or minimize extraanatomical BP

Less risk of SCI



## **ESAR**

**Hostile Necks** 

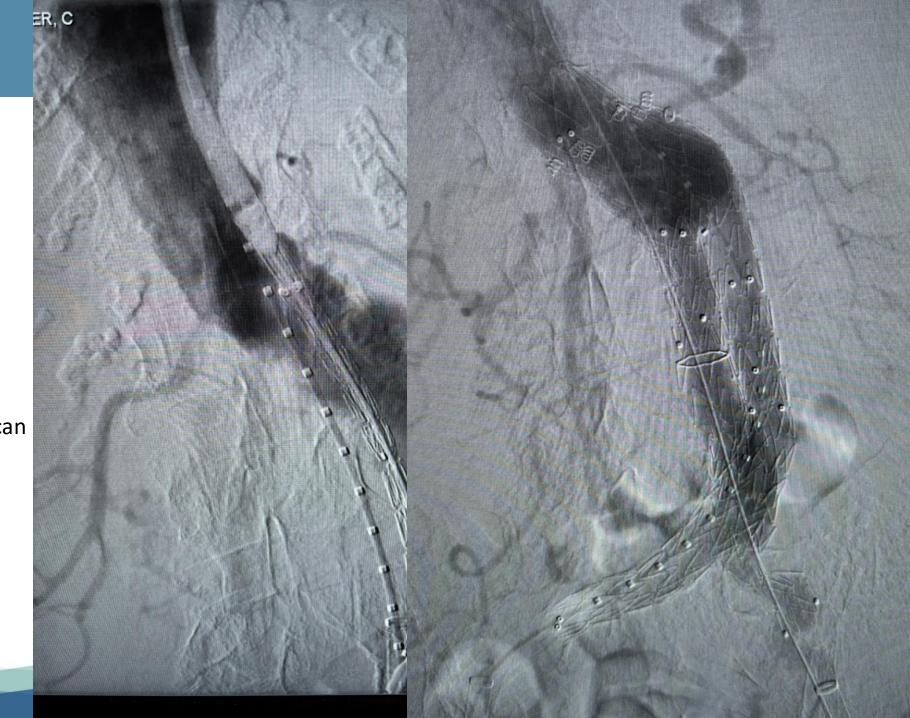
- Conical
- Wide
- Short
- Angulated

Migration

Type IA Endoleak

Associated with sack regression

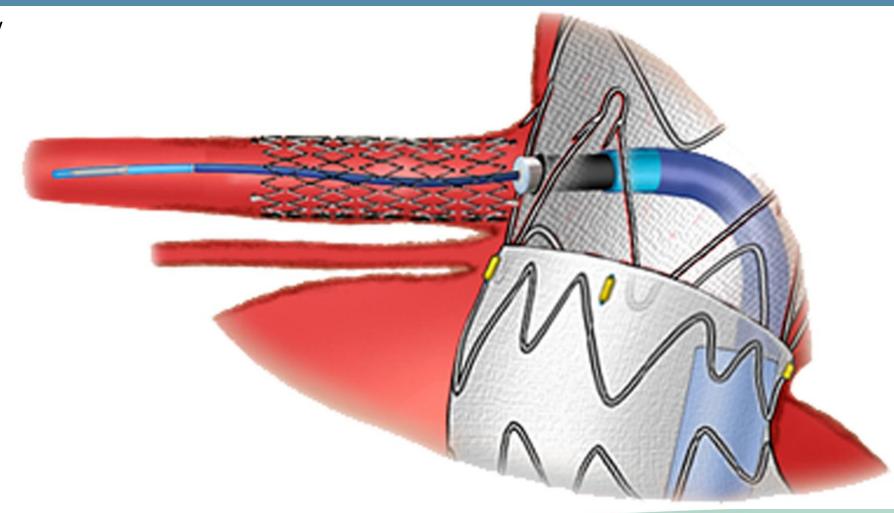
With Endurant suprarenal fixation can treat up to 4mm necks



### **Laser Fenestration**

Method to deal with complex anatomy including pararenal and paravisceral aneurysms.

Great bail-out option.



## **Post-Operative Care**

#### S/P Open Repair

- Cardiovascular; most common cause of mortality
- Renal Failure; Aortic cross-clamp time (>35mins)
- Pulmonary dysfunction; reduced w/RP approach
- Abdominal Compartment Syndrome; w/significant resuscitation => bowel edema
- Ureteral Injury/transection; 0-5d immediate repair, >10d perc Neph w/delayed repair
- Ischemic Colitis; sigmoid/colonoscopy ASAP, limited = supportive, transmural = ex-lap +/- bowel resection
- Spinal Cord Ischemia; \*\*\*
- Acute Limb Ischemia; Embolization (iliacs 1<sup>st</sup>, then aorta)

#### S/P Endovascular Repair

- Endoleak; type I, II, III, IV, & V
- Migration
- Progressive aneurysmal degeneration; ~25%, assoc w/mural thrombus in neck
- Limb occlusion; AIOD, small bif, tortuosity, EIA limb extension
- Renal Artery Occlusion
- Graft infection; 0.5% incidence, 30% mortality, E. coli, S. epidermidis
- Pelvic Ischemia; buttock claudication 15% (unilateral) 65% (bilateral); gluteal necrosis, SCI
- Solid Organ Infarction; assoc w/mural thrombus
- Conversion to Open; 30% mortality if emergent vs 13% if electively w/in 30d



## Ruptured AAA

Surgical Emergency; ~85% mortality; ~50% in the field, ~40% mortality postintervention

Sx: Abd/back pain + Hypotension + Pulsatile abd mass

Contained vs Free

Harborview Prediction Model: Cr>2, pH<7.2, Age>76, initial SBP<70; 3 variables = 70% mortality, 4 = 100%.

Dx: CTA

#### Tx:

- Permissive Hypotension; consciousness, prevent STdepression, SBP goal 70-80
- OR emergently; prepped & drapped prior to Anesthesia
- Only local anesthesia if possible
- Induce Anesthesia once balloon occlusion in place or decide to open



## Thank you

